Lecture 5: Introduction to Anatomical and Functional Imaging

November 9, 2016

Early Methods of Brain Exploration

- Animal models
- Post-mortem dissection
- Disease, malformation
- Accident, stroke

1900's Brought New Techniques

- Electroencephalography (EEG) – to measure electrical activity from the brain (1924, Sir Hans Berger)
- X-ray, radiography – brain is mostly soft tissue, difficult to see (1895)
- Computer-based brain scans (1970s) – CAT, CT scans
- Magnetoencephalography (1968) – magnetic activity from the brain
- Magnetic Resonance Imaging (1970s) – ability to see soft tissue
- Positron Emission Tomography (PET) 1973 – measures metabolic functions
- Functional MRI (1990) – ability to see blood flow changes during functioning
- Diffusion Tensor Imaging/White matter tracts (1985 first images)

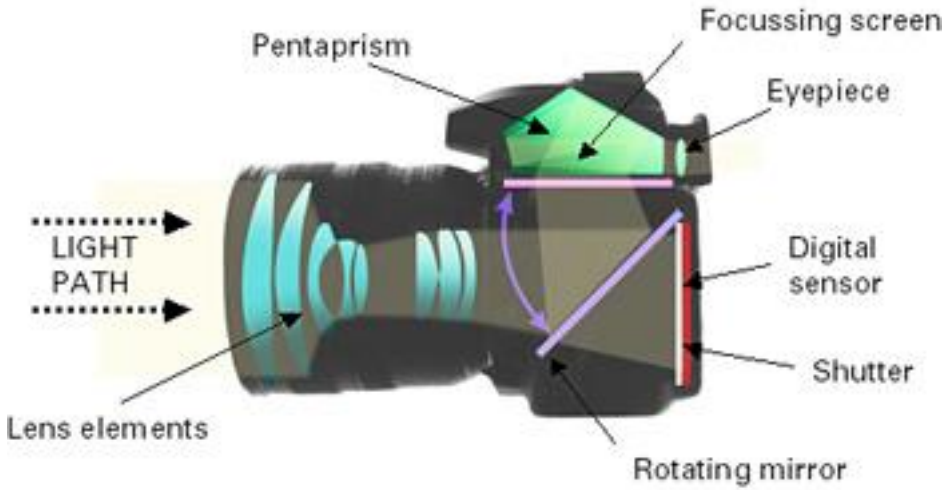
Structural vs Functional Imaging

- Structural Imaging – designed to see anatomical features of the tissue
  - X-rays, CT scans, MRIs, Diffusion Tensor Imaging
  - Used for clinical assessments
  - In research, structural integrity and tissue volume studies

- Functional Imaging – designed to see functional processes
  - Functional MRI, PET scans, EEG, MEG, Near Infrared spectroscopy (NIRs)
  - Used for clinical assessments to a lesser extent than structural
  - Widely used in research

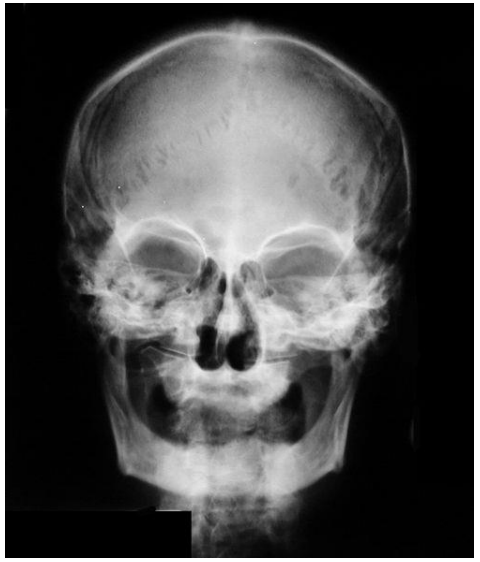
Taking Pictures

- What is needed to take a picture?
  - Camera
  - Light

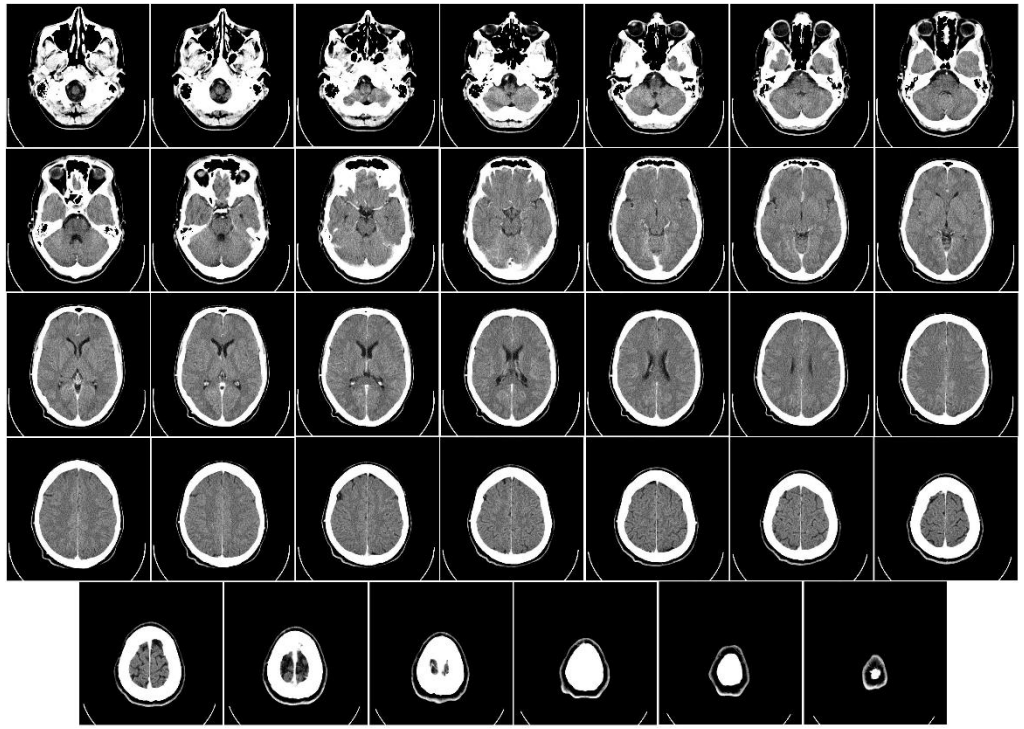


- How do you take a picture in the absence of light?

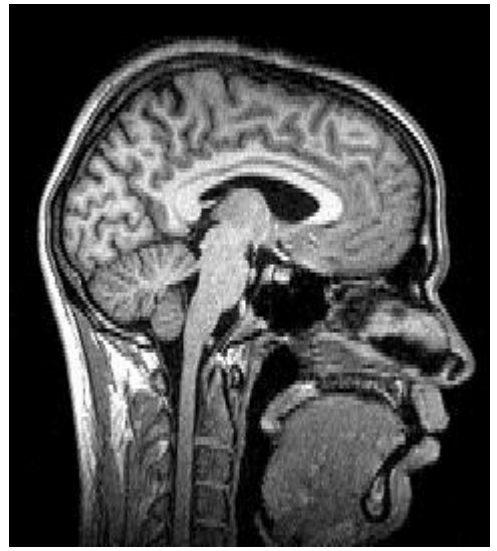
Structural Methods



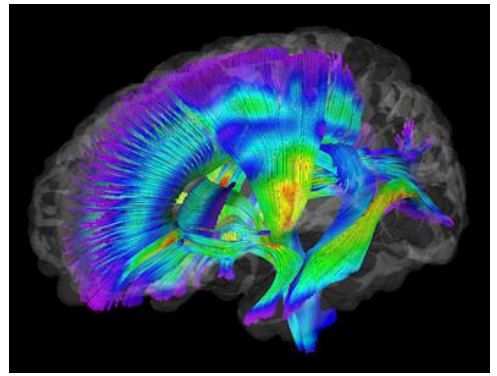
X-ray



CAT Scan



MRI



DTI

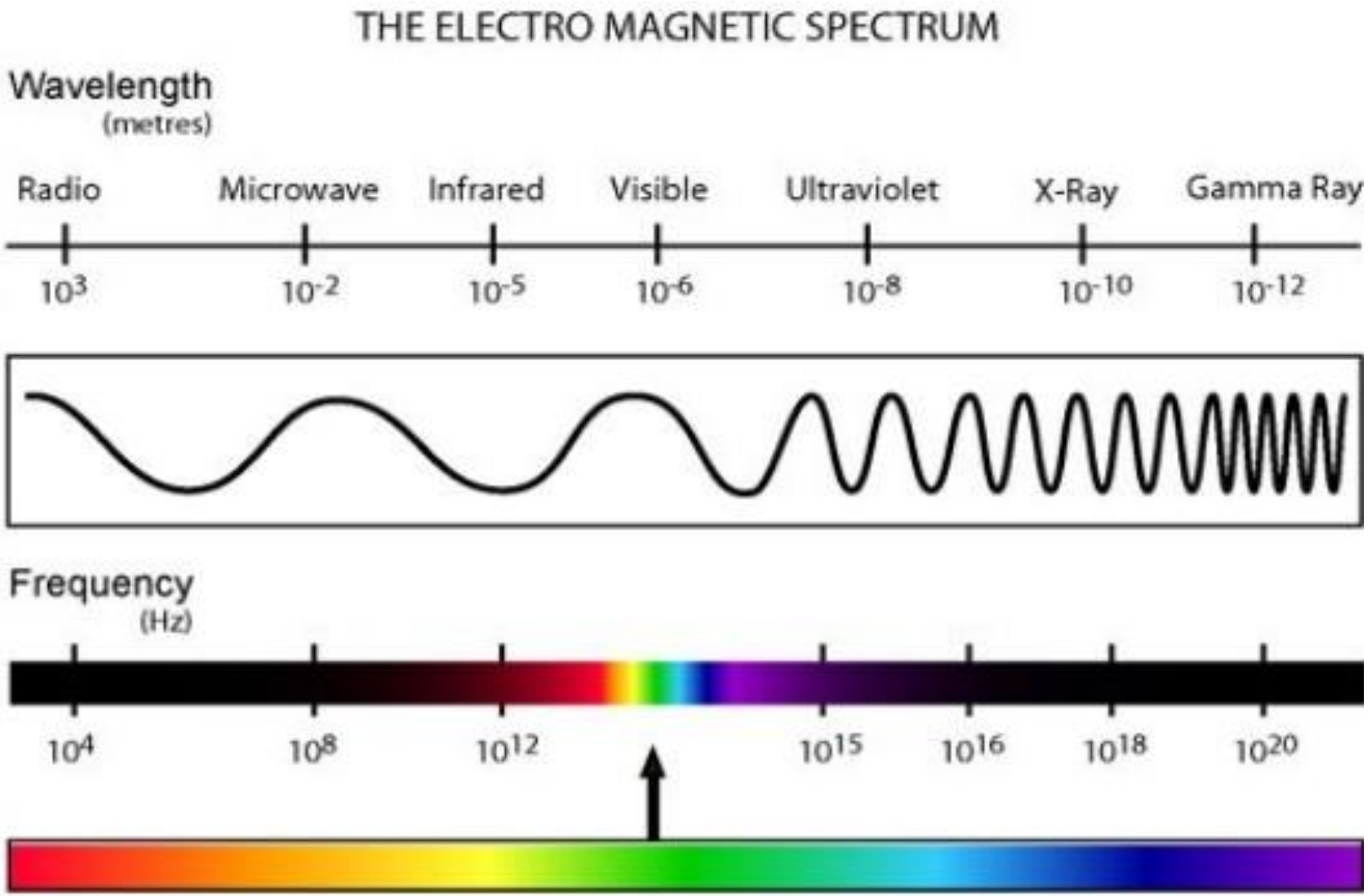
X-ray

- **Wilhelm Conrad Roentgen** (1845-1923), a Professor at Wuerzburg University in Germany discovered x-rays accidently while working with a cathode-ray tube in his laboratory

- X-rays are electromagnetic energy waves that act similarly to light rays, but at much smaller wavelengths

- X-rays penetrate human flesh but not higher-density substances such as bone or lead and that they can be photographed

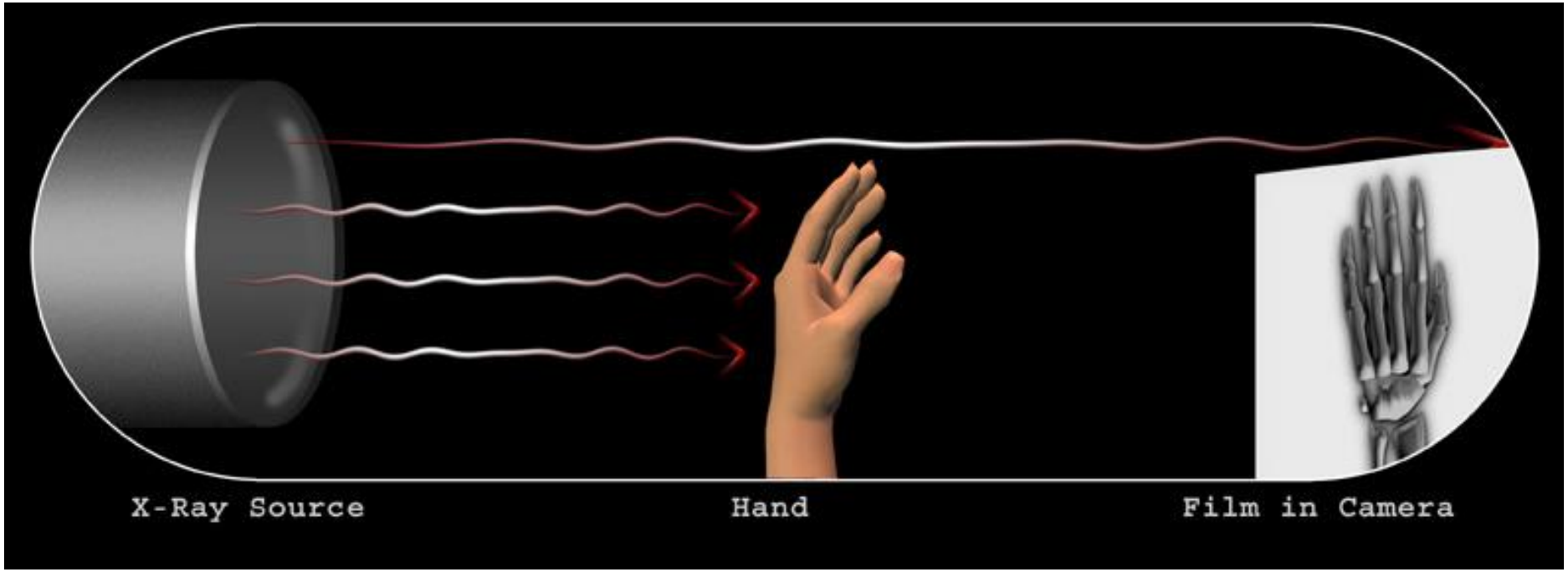
- Works best for bone or hard tissue


THE ELECTRO MAGNETIC SPECTRUM
Wavelength
(metres)
Radio
Microwave
Infrared
Visible
Ultraviolet
X-Ray
Gamma Ray
10^3
10^-2
10^-5
10^-6
10^-8
10^-10
10^-12
Frequency
(Hz)
10^4
10^8
10^12
10^15
10^16
10^18
10^20

Properties of X-rays

- X-rays are electromagnetic radiation composed of small packets of energy called photons
- Travel at speed of light and in straight lines
- Highly penetrating
- Invisible
- Blackens the radiographic film
- Produce scatter

X-rays for Imaging



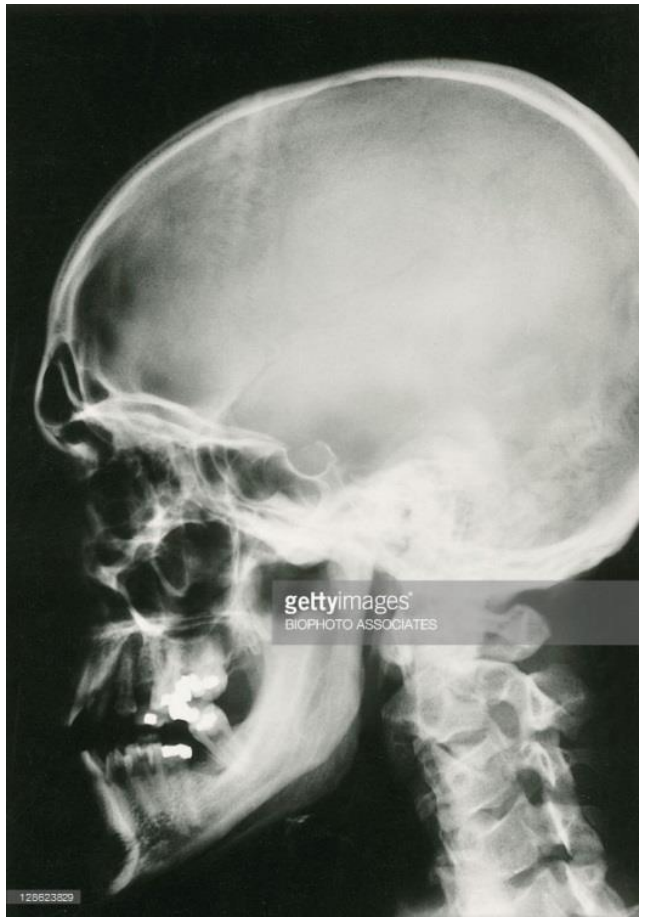
- Some x-rays are absorbed
- Some pass through the tissue
- Some are scattered

Image Formation

- As distance from the object is increased, the strength of the x-ray beam is reduced, less x-ray reaches the film
- Low density tissue allows more x-rays through, causing the film to turn black
- High density tissue allows less x-rays through
- X-rays hit the atoms in the film, causing it to leave an image

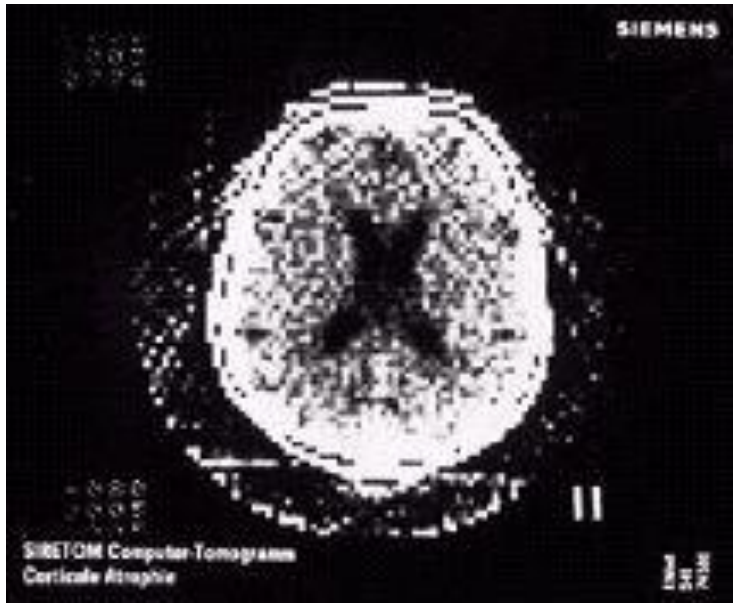
Limitations of X-rays

- Great for bones, difficult to image soft tissue
- Fairly low resolution
- Two-dimensional
- Uses harmful ionizing radiation (can free electrons in atoms it passes by, can cause tissue mutations)
- However, x-rays are fast and inexpensive



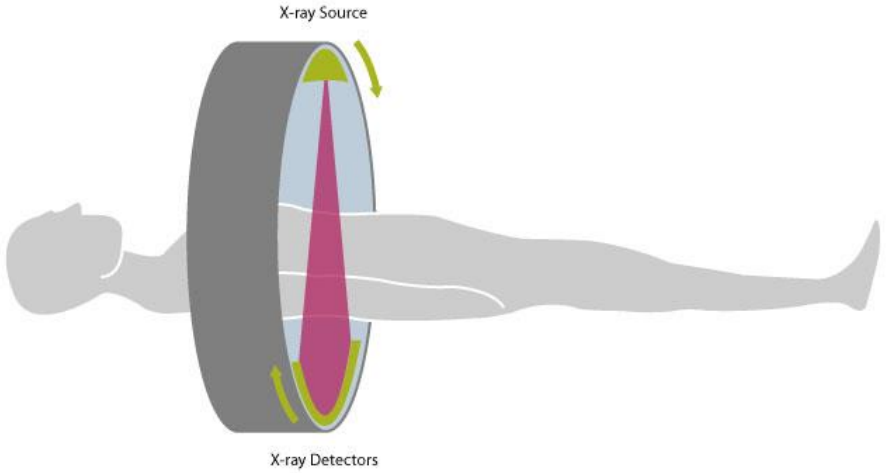
CAT Scan (computerized axial tomography)

- Invented by Sir Godfrey Newbold Hounsfield
- Tomography = using x-rays and projective geometry to represent a single slice of the body on radiographic film (early 1900s)
- Digital geometry is used to produce a 3D x-ray image
- First commercial scanner in 1967
- First brain scan in 1971, 160 parallel reading through 180 angles
- Algebraic reconstruction on a large computer



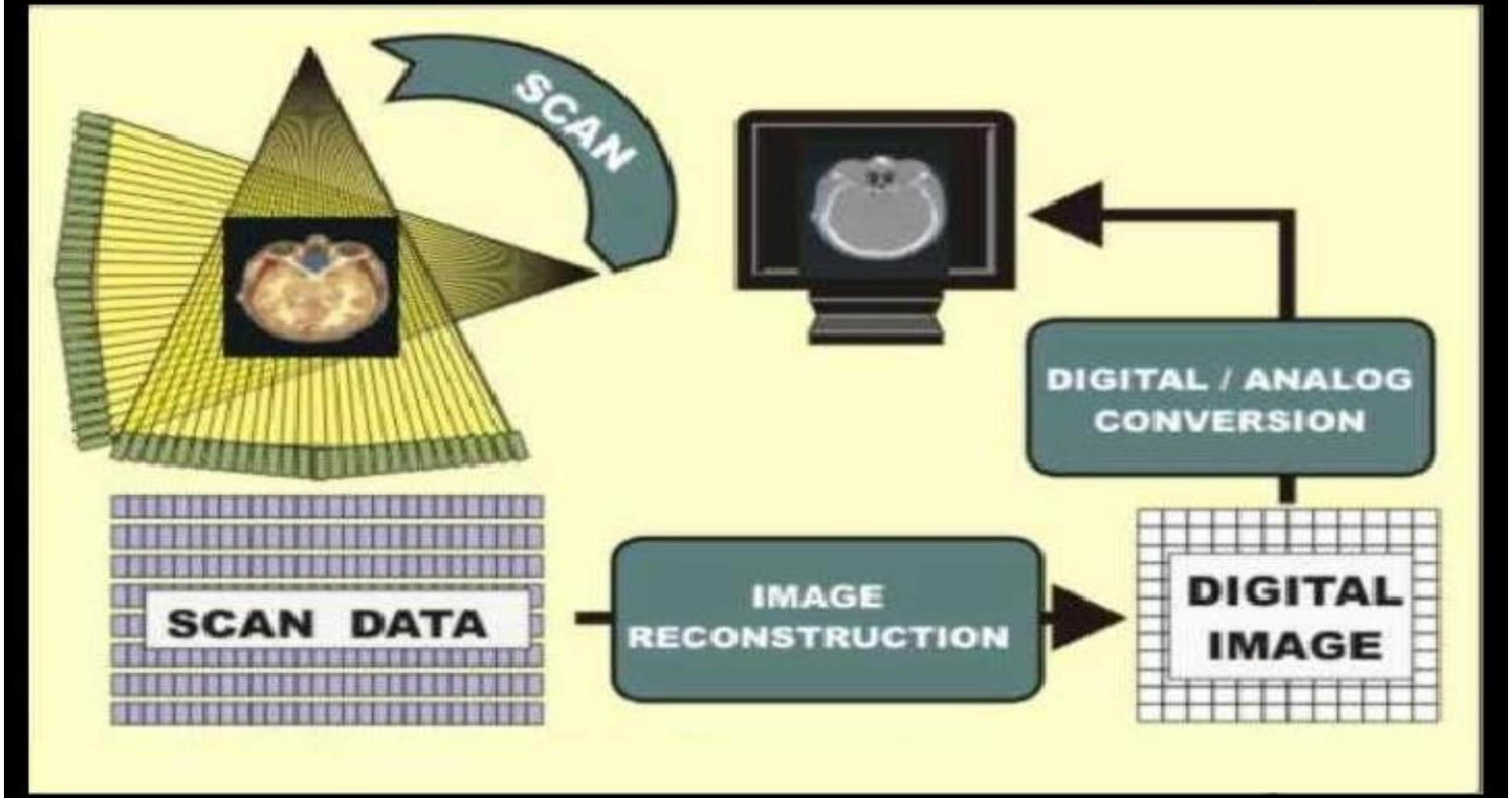
Original axial CAT image from the dedicated Siretom CAT scanner circa 1975. This image is a coarse 128 x 128 matrix; however, in 1975 physicians were fascinated by the ability to see the soft tissue structures of the brain. From http://www.imaginis.com/ct-scan/brief-history-of-ct

CAT Image Formation



- X-ray methodology
- Multi-step process to create the image
- X-ray beam passes through edges of a slice of body tissue
- Beam is rotated around the body
- Radiation penetrates to different degrees, depending on the tissues they pass through
- X-ray source and radiation sensors rotate to form a circle around body

3 step process of CT imaging



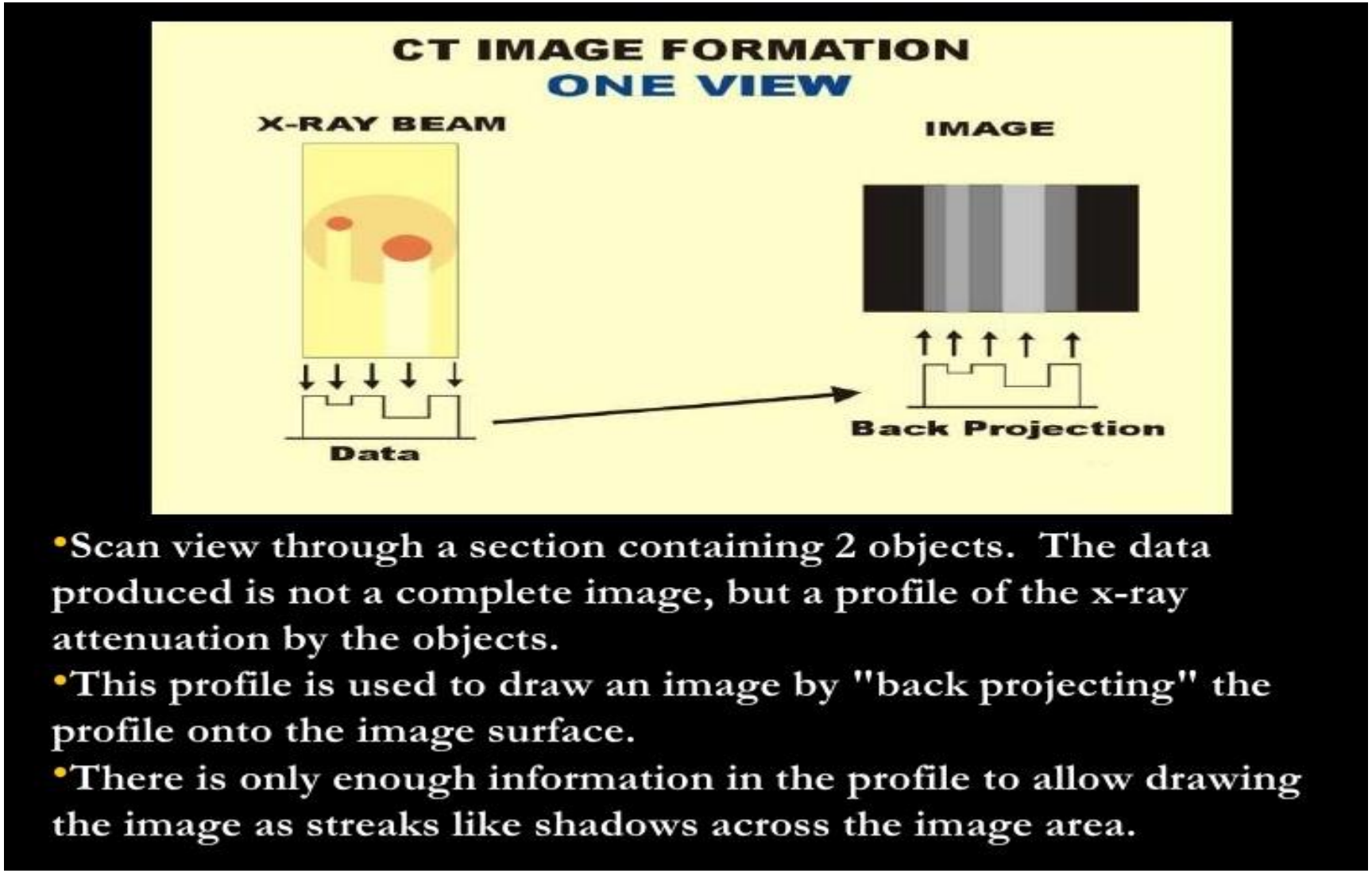
CAT Image

- Slices of tissue are formatted as a small volume of elements (voxels rather than pixels)
- Each voxel contains a volume of tissue represented by a uniform intensity
- Smaller voxels produce better resolution
- Intensity of the voxel is related to density of tissue
- Water is used as a reference and is assigned a value of zero
- Tissues more dense than water have a positive number, and vice versa

CT Image (continued)

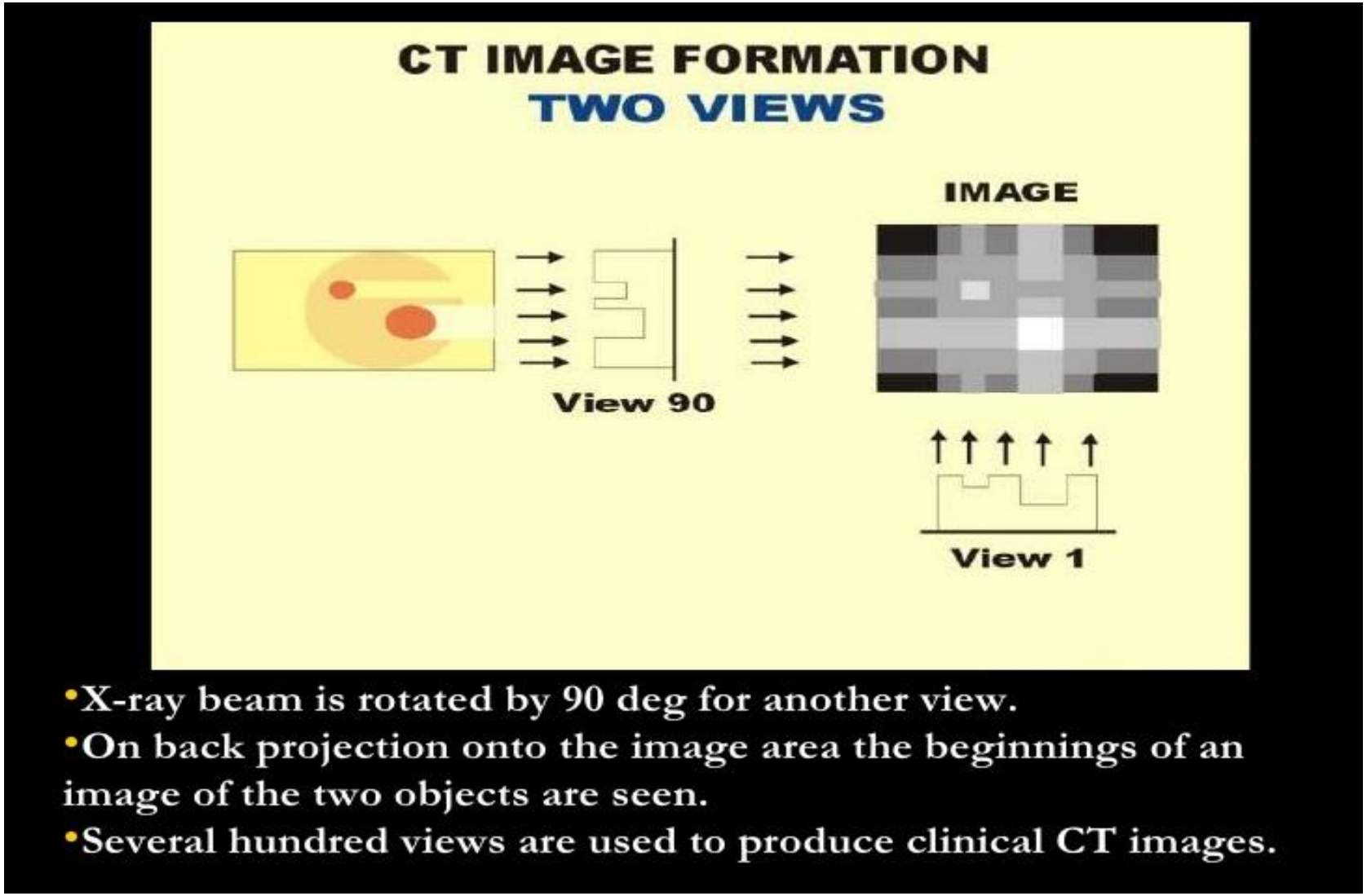
- $CT\ Number = \frac{density(tissue) - density(water)}{density(water)}$
- High density areas appear white, low density appear black
- Back-projection is used to reconstruct the image

Back Projection Technique



http://www.slideshare.net/drpramodkrishnan/ct-basics

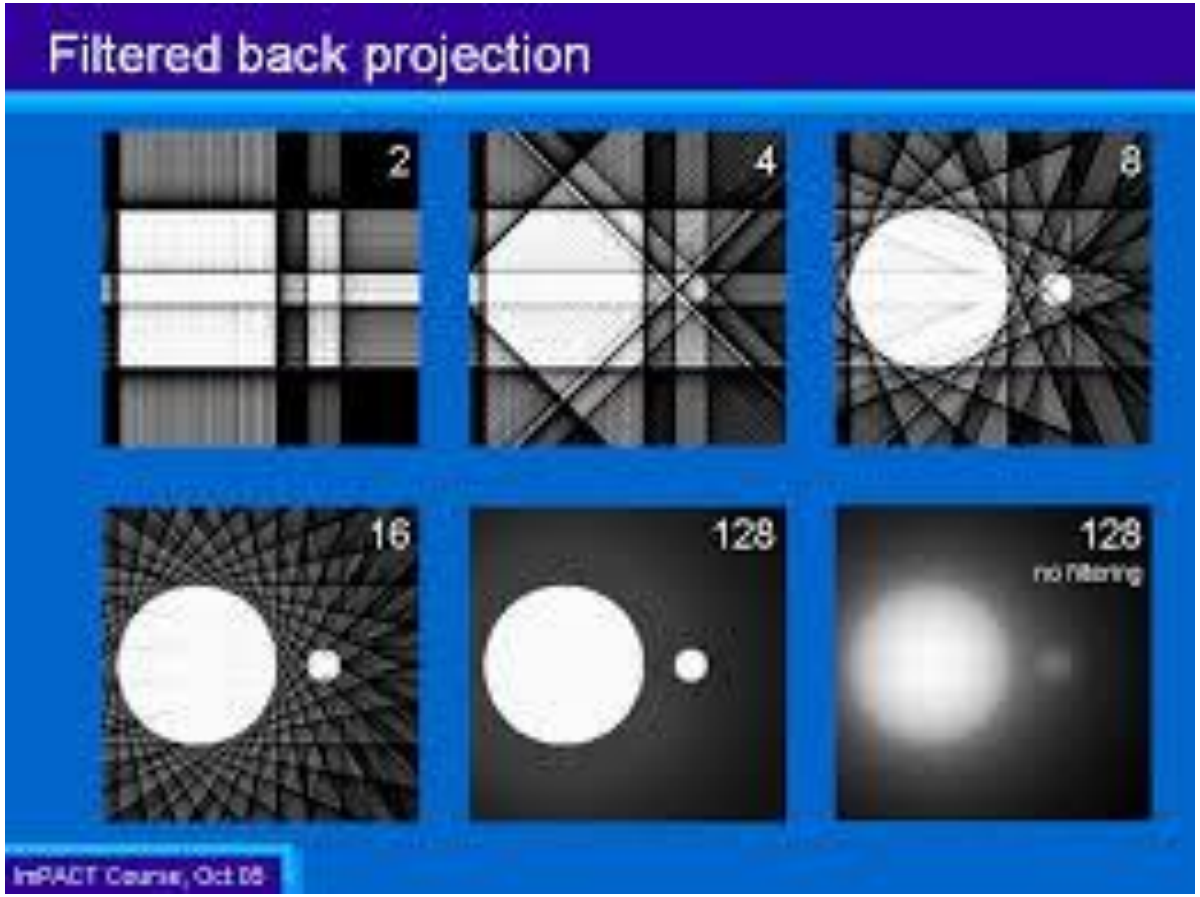
Back Projection Technique (continued)



http://www.slideshare.net/drpramodkrishnan/ct-basics

Back Projection (continued)

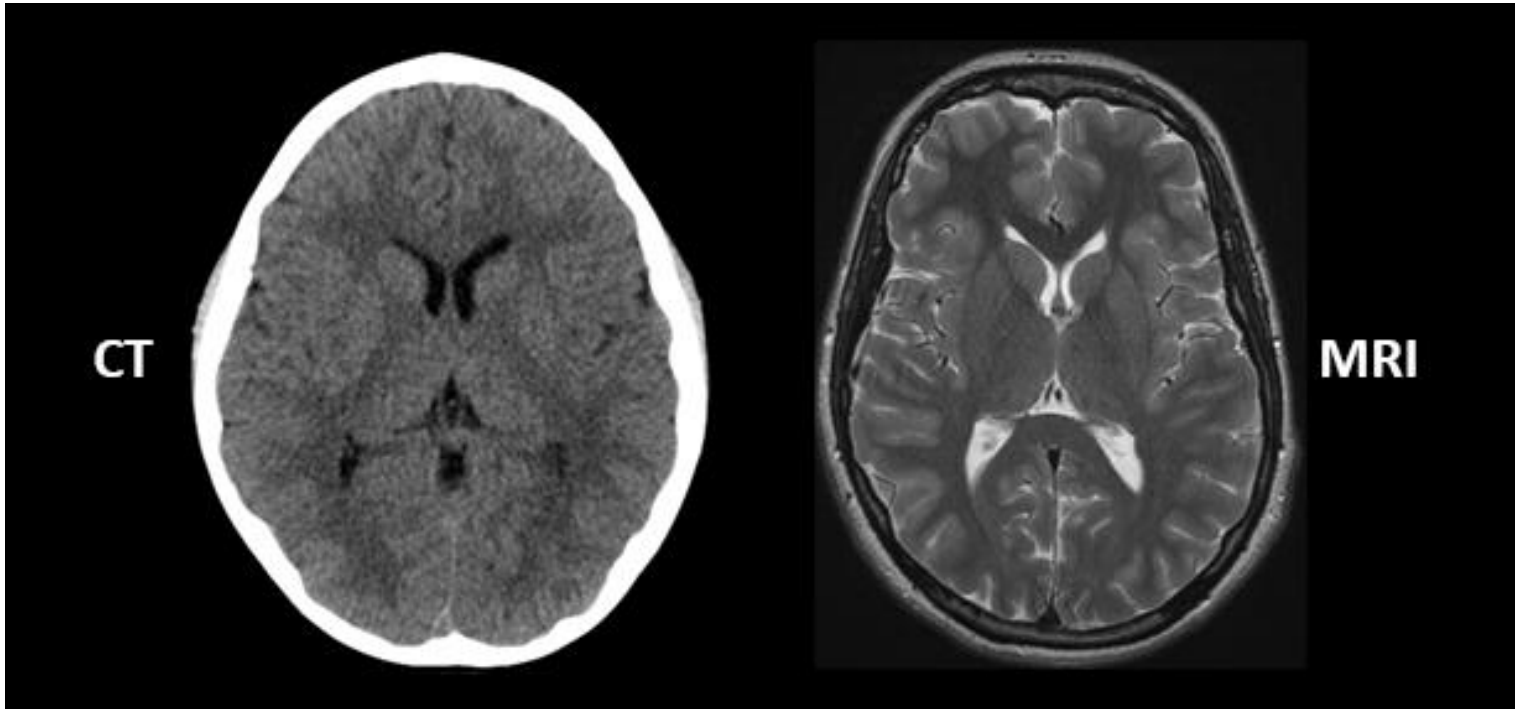
- Keep “projecting” planes to get the 3D image
- Use a high-pass filter to remove low frequency blurring
- Also called “summation method”



Imaging the Brain with CAT

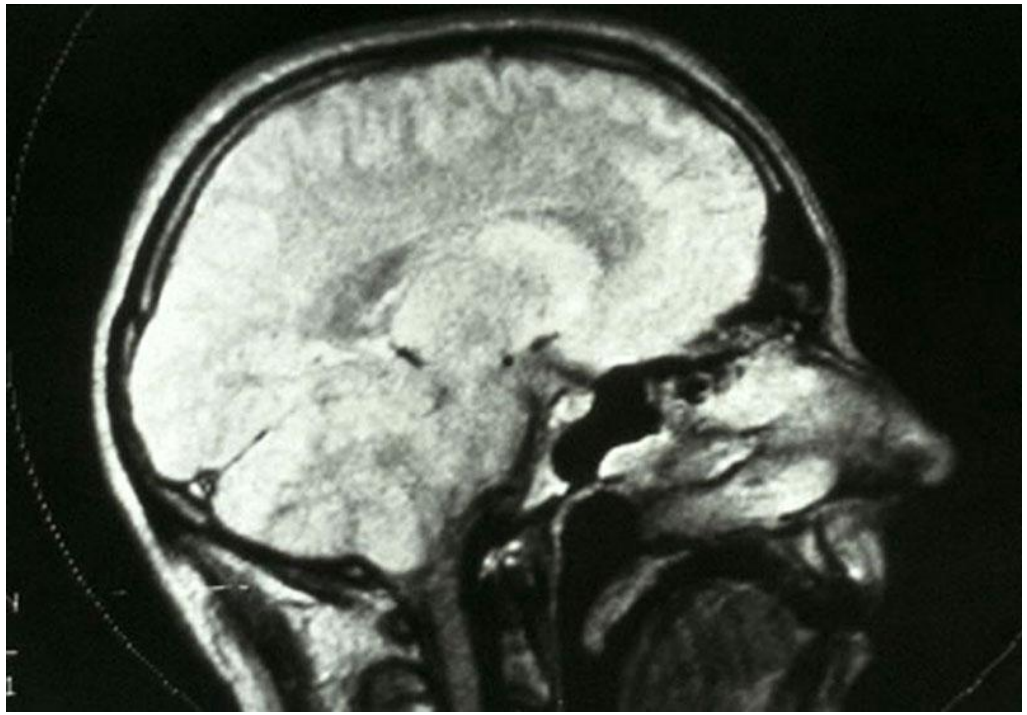
- Because CT scans are 3-dimensional, brain tissue can be imaged
- CT can reveal gross features of the brain, but does not resolve the structure well
- Good for evaluation of cortical bone and metal or foreign objects

CAT Scan vs MRI of brain



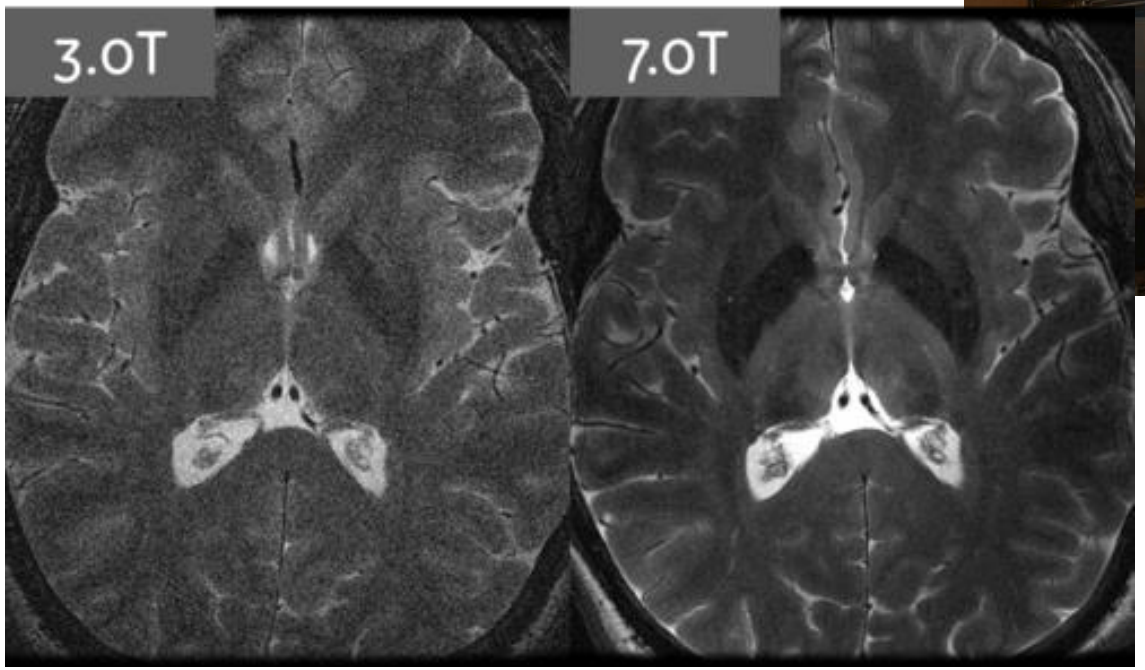
MRI (Magnetic Resonance Imaging)

- Felix Bloch and Edward Pucell independently discovered magnetic resonance phenomena in 1946 (both awarded Nobel prize in 1952)
- Paul Lauterbur & Peter Mansfield use MR to create images (both won 2003 Nobel Prize)
- First MRI machine in 1972
- Uses a strong magnetic field and pulses of radio waves to generate pictures of structures and organs
- Does not need nuclear medicine or contrast agents
- Best for imaging soft tissue



https://bigpictureeducation.com/history-understanding-brain-images

MRI Today



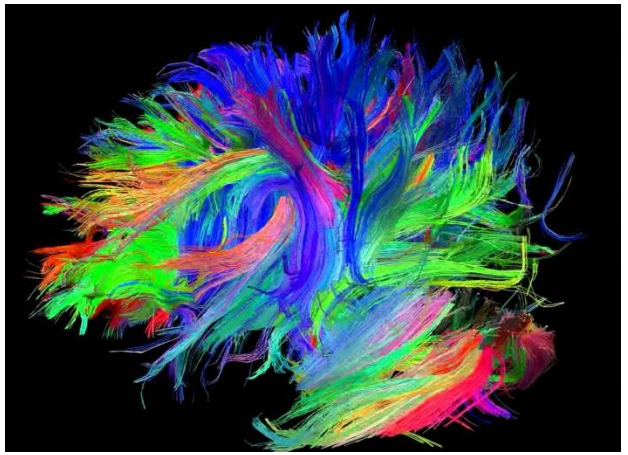
Why Choose CAT Scan over MRI?

- CT is less expensive and faster (best in trauma and emergencies)

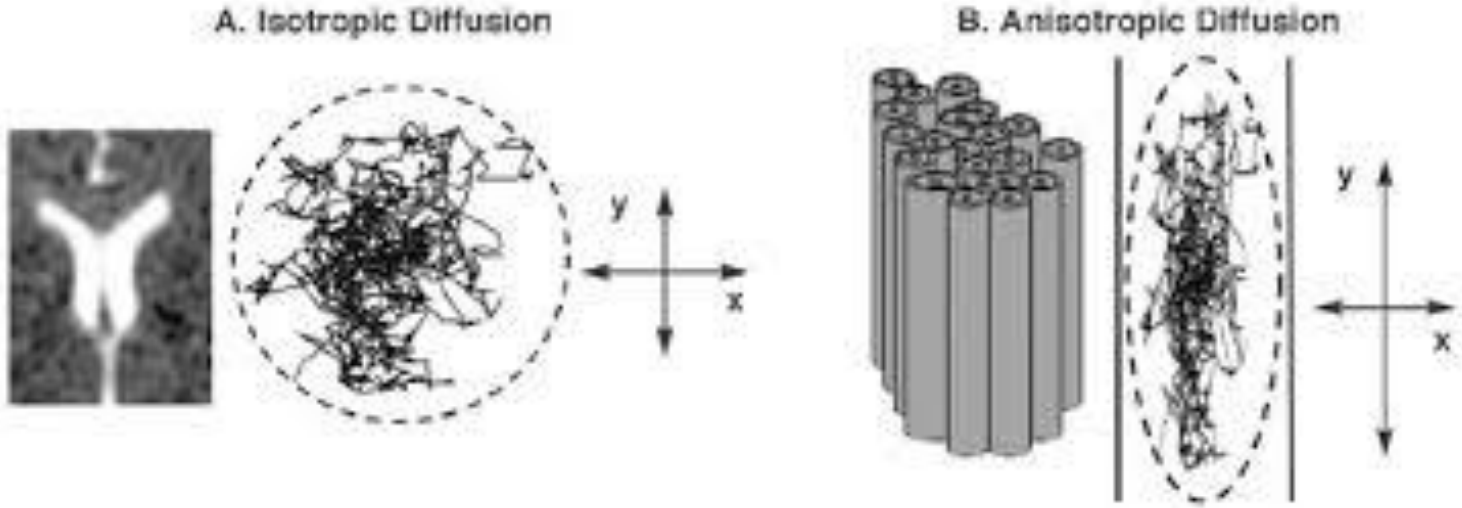
- CT is better for certain patient types
  - Less sensitive to motion
  - Better for people who are claustrophobic or heavy
  - Can be performed on people with implanted medical devices or with metal in their body

- However, CT uses ionizing radiation, MRI does not (ionizing radiation means that the radiation carries enough energy to free electrons from atoms)

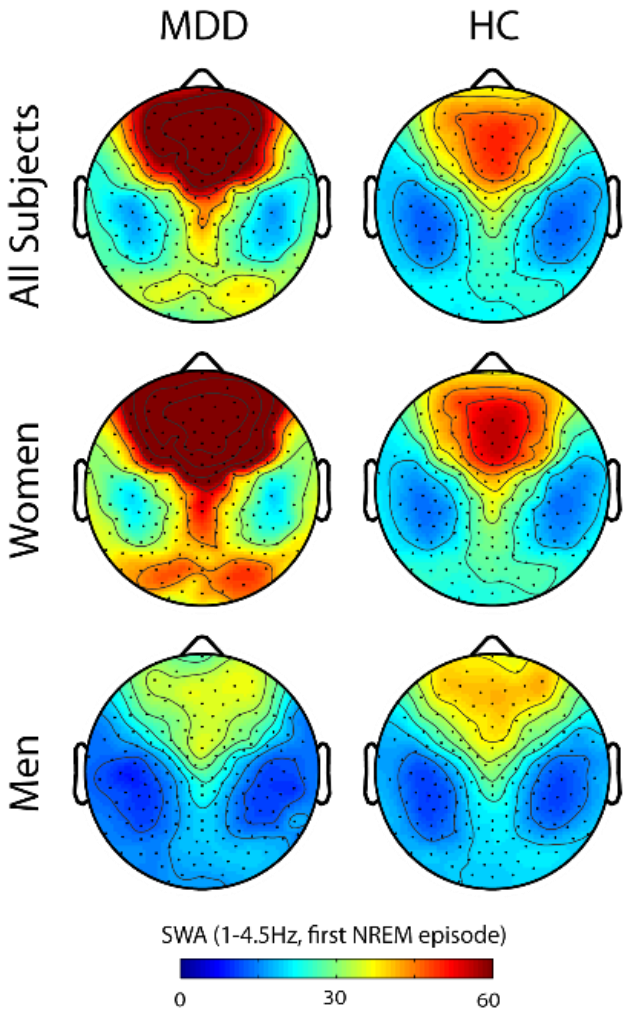
Diffusion Tensor Imaging (DTI)



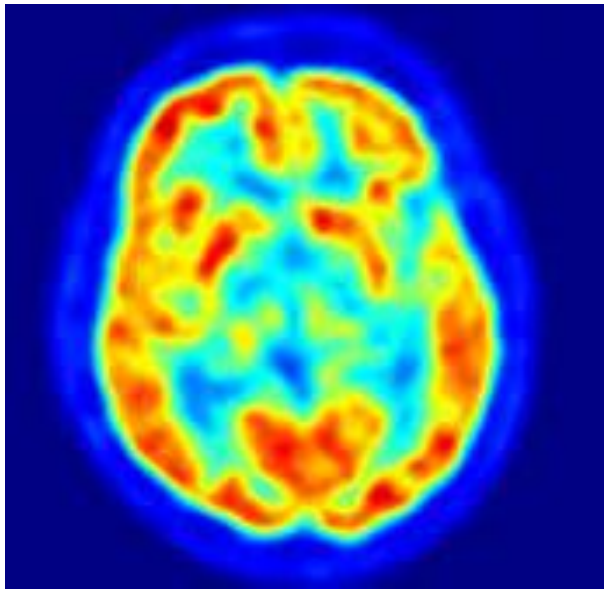
- Uses diffusion of water molecules to generate contrast in MRI
- Based on the principle that water moves anisotropically through neurons
- Used to image white matter tracks in the brain (connectivity)



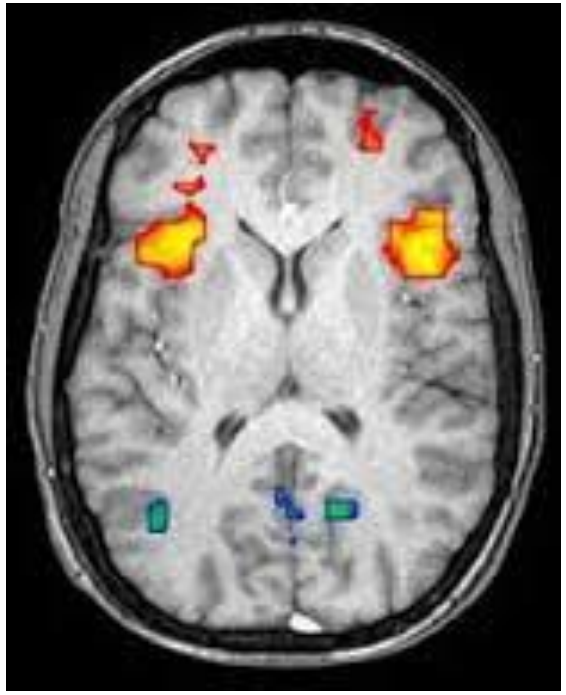
Functional Methods



EEG



PET



fMRI

Direct measure vs Indirect Measures of Brain Activity

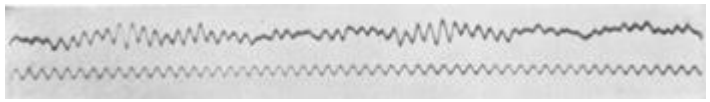
- Direct measures – Actual measure of neuronal activity
  - Electroencephalogram – electrical recordings
  - Magnetoencephalogram – magnetic recordings
  - From the scalp or brain
- Indirect measures – Measure of a side effect of neural activity
  - Positron Emission Tomography (PET) – measure of metabolic activity
  - Functional MRI – measure of changes in blood flow

Electroencephalography (EEG)

- What it is / Brief History
- How it works / Basic Principles
- Collecting the data
- Problems of EEG
- Applications of EEG / Evoked Potentials

Electroencephalography (EEG)

1924, Sir Hans Berger



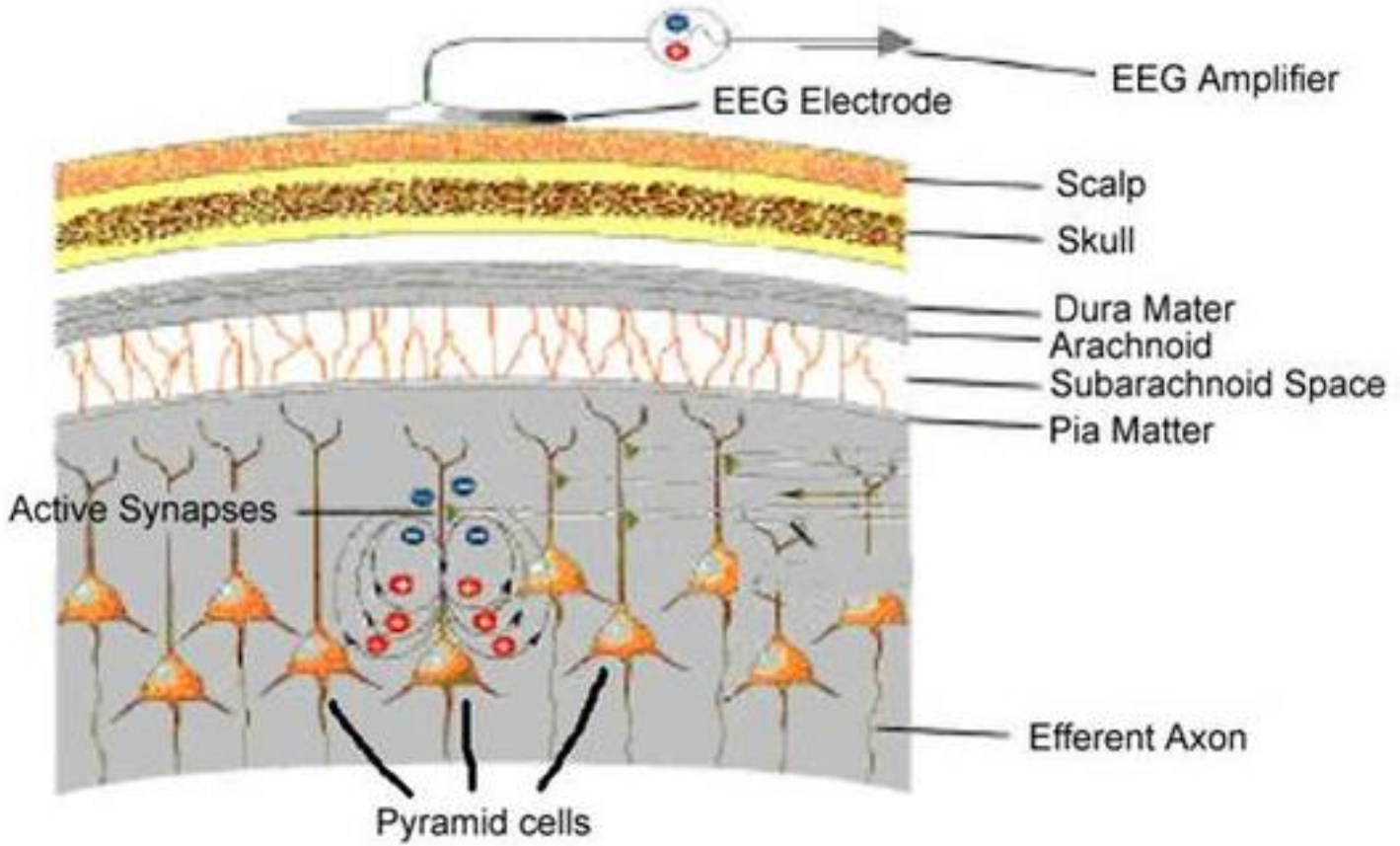
- Measures electrical activity from the brain
- The activity is known as brain waves
- Measures summaries of inputs to a group of neurons
- Clinically used to assess abnormal electrical activity (seizures)
- A tool to study sleep brain function (sleep research, evoked potentials)

Basic EEG Principles

- As neurons “fire” (action potential) and electrical activity propagates, electrical activity is generated
- Measure spatial distribution of voltage fields and variation over time
- The activity that is measured on the surface of the brain is a summary of all local electrical activity
- Activity is mostly from the cortex
- Sleep waves that are slower and rhythmic thought to be from deeper brain areas
- Excellent temporal resolution
- Poor spatial resolution

EEG Signal

- A summary measure of ionic current from nearby neurons
- The signal is impeded by layers of tissue (poor spatial resolution)



EEG Signal

- Voltage difference from an electrode to a reference
- Representation of EEG channels is called a “montage”
- Sequential (bipolar) montage = each channel represent difference between two adjacent electrodes
- Referential montage = each channel represents difference between a certain electrode and a designated electrode
- Average reference montage = average of all amplifiers are averaged and summed, and this average is used as the common reference
- Laplacian montage = each channel represents the difference between an electrode and a weighted average of surrounding electrodes

Collecting the EEG

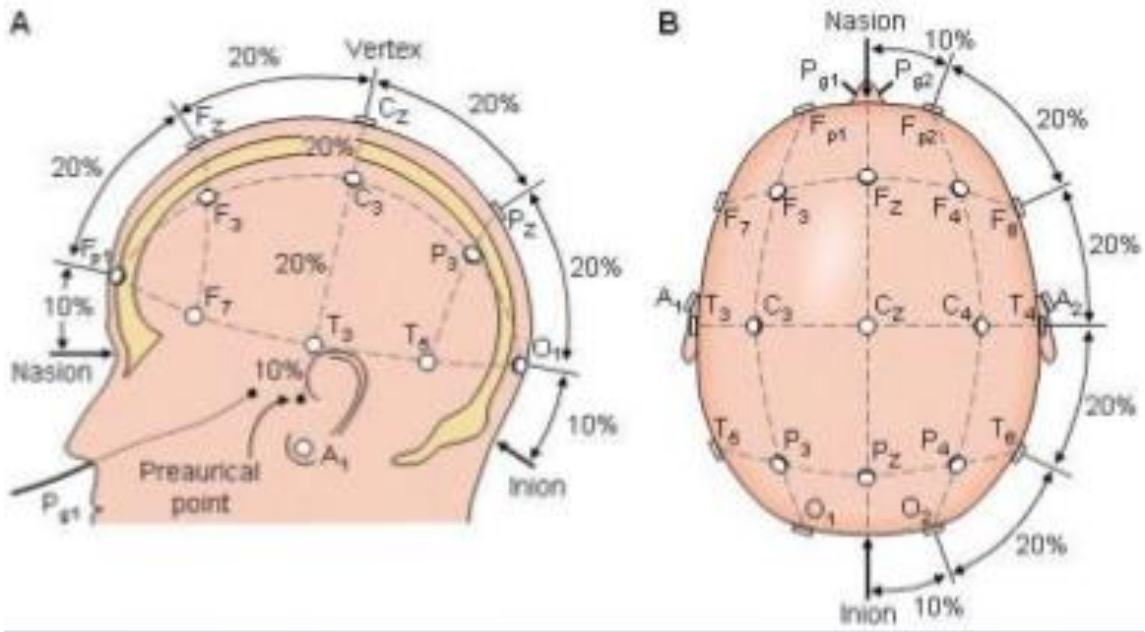
- Scalp electrodes are “glued” to the head with a conductive gel
- Scalp is scrubbed with an abrasive prior to attaching electrode to achieve a better signal
- Electrodes are hooked to a computer for signal recording
- Electrode “montage” can include from 4-128 (or more?) electrodes

EEG Electrode Application

- In cases of high density electrode placement, a net or cap is often preferred
- Standard International 10-20 system describes the location of electrodes on the scalp
- Helps with comparing and reproducibility of data
- Fp (frontopolar), F (frontal), C (central), P (parietal), O (occipital) and T (temporal)
- Odd numbers (left), even (right), A (ear)

Electrode Placement International 10-20 System

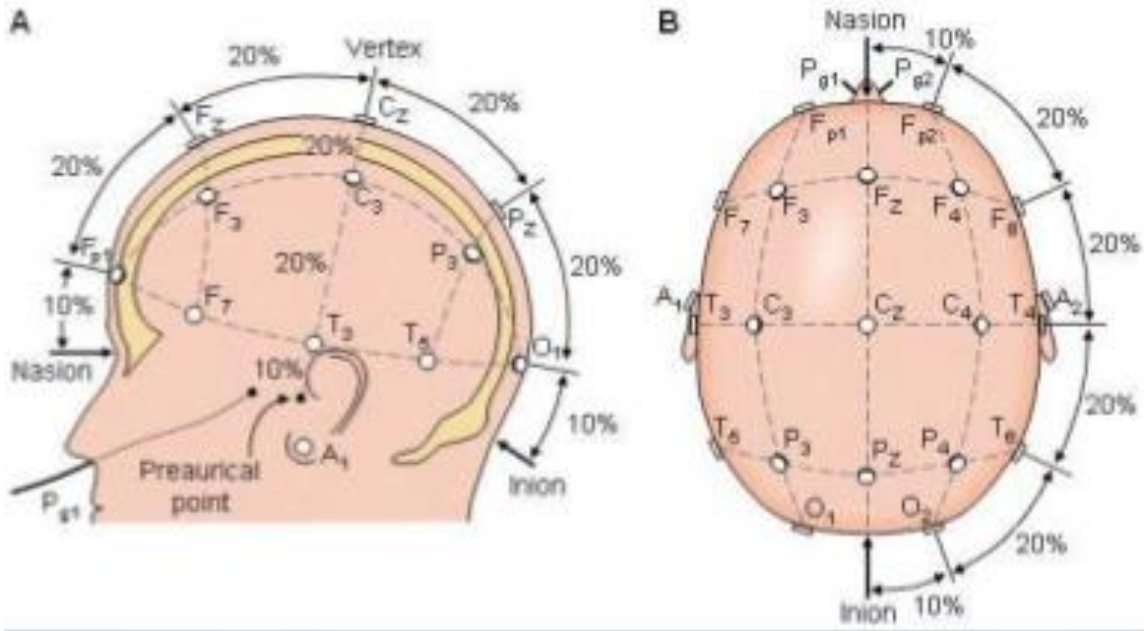
- Start by measuring over the centerline of the scalp from the Nasion (bridge of nose) to the Inion
- Measure and mark the 50% point (Vertex, preliminary Cz)
- Measure and mark 10% up from Nasion (Fpz) and 10% up from Inion (Oz)
- Mark 20% from Fpz and Cz to mark Fz and Pz, respectively



https://www.trans-cranial.com/local/manuals/10_20_pos_man_v1_0_pdf.pdf

Electrode Placement International 10-20 System (continued)

- Measure from preauricular point (indentation above the zygomatic notch) to preauricular point
- Measure and mark 50% of total at the intersection of the previous 50% mark = TRUE Cz
- Measure and mark 10% from the preauricular points (T3 and T4)
- Continue by measuring head circumference and marking



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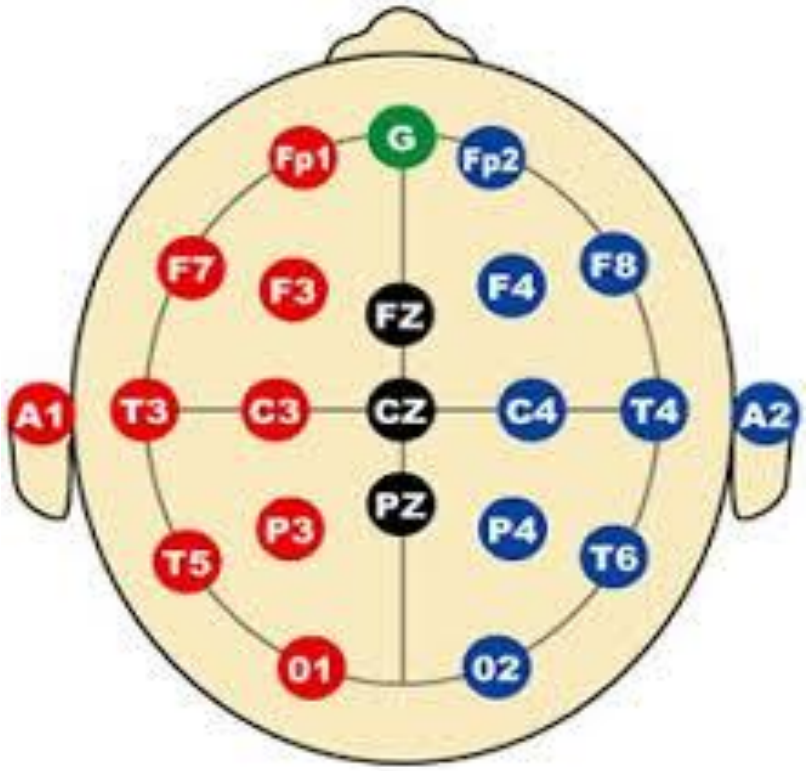
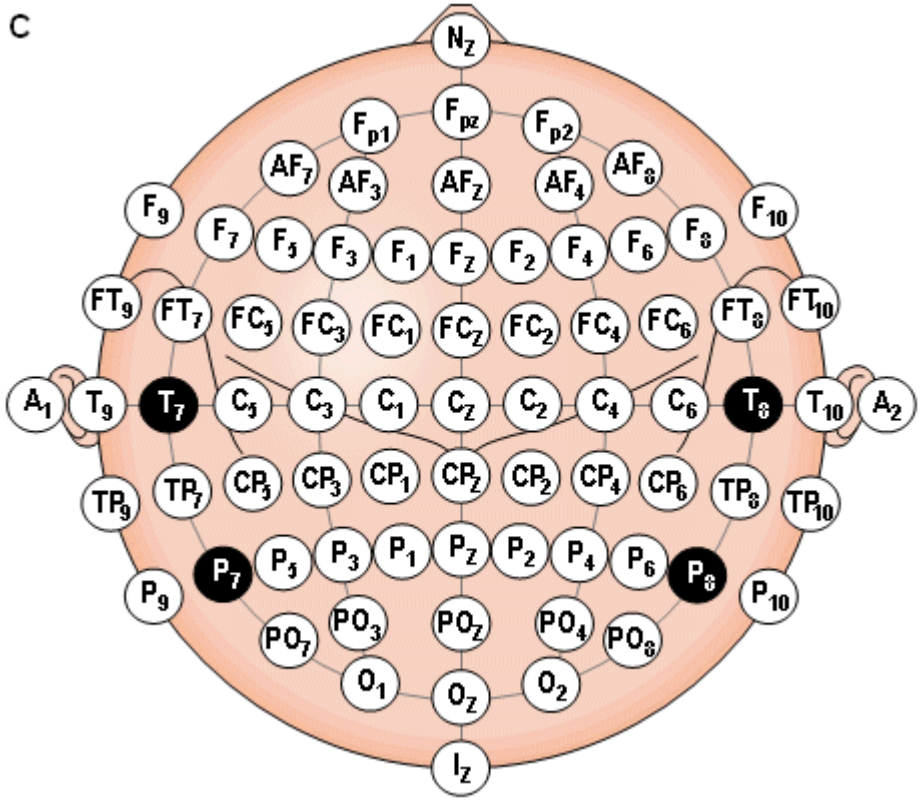
Electrode Placement International 10-20 System (continued)

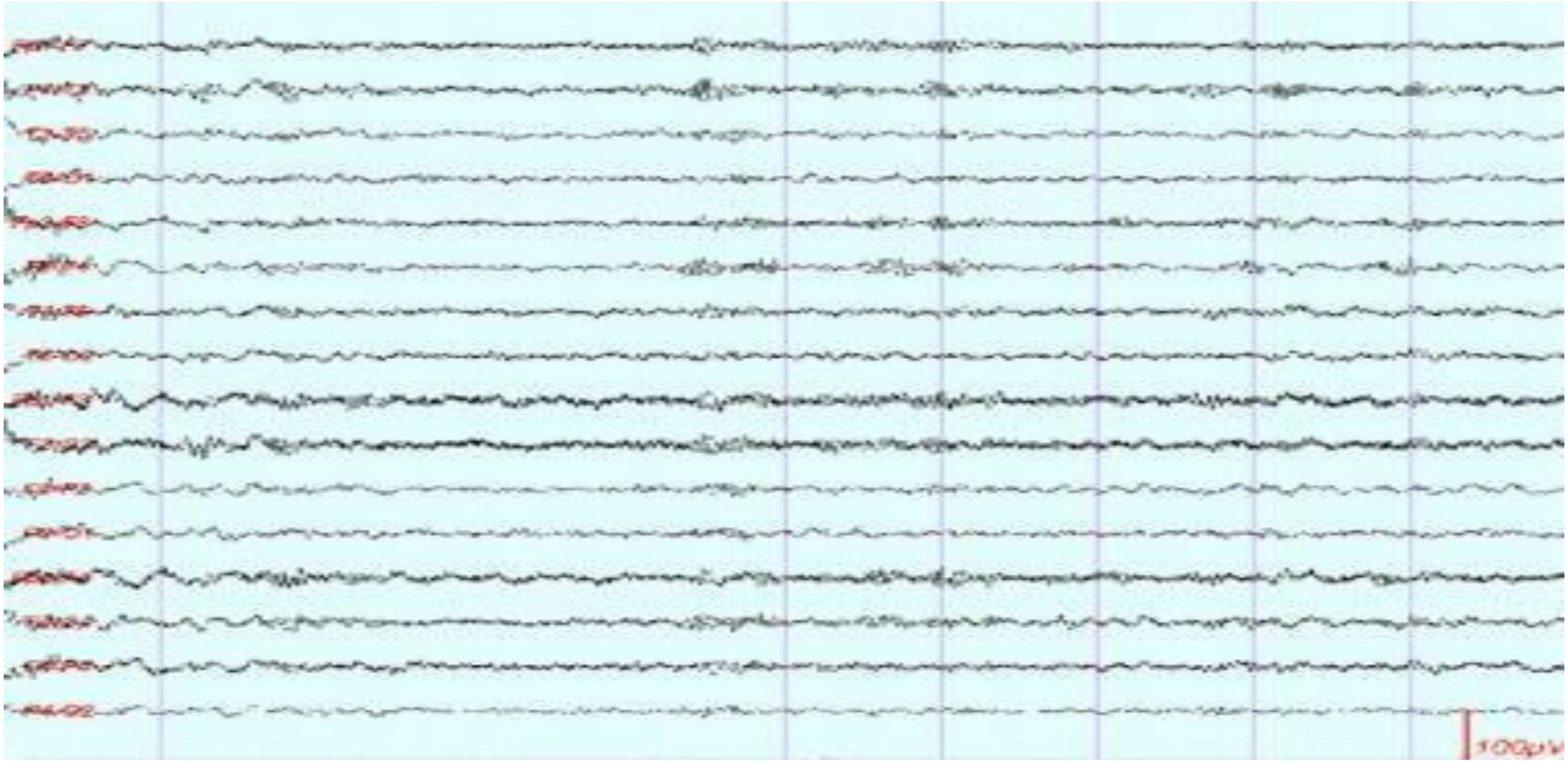




http://www.bem.fi/book/13/13.htm

Continue with placement until desired number of divisions is made

Normal Awake EEG (about 100 μV on the scalp)



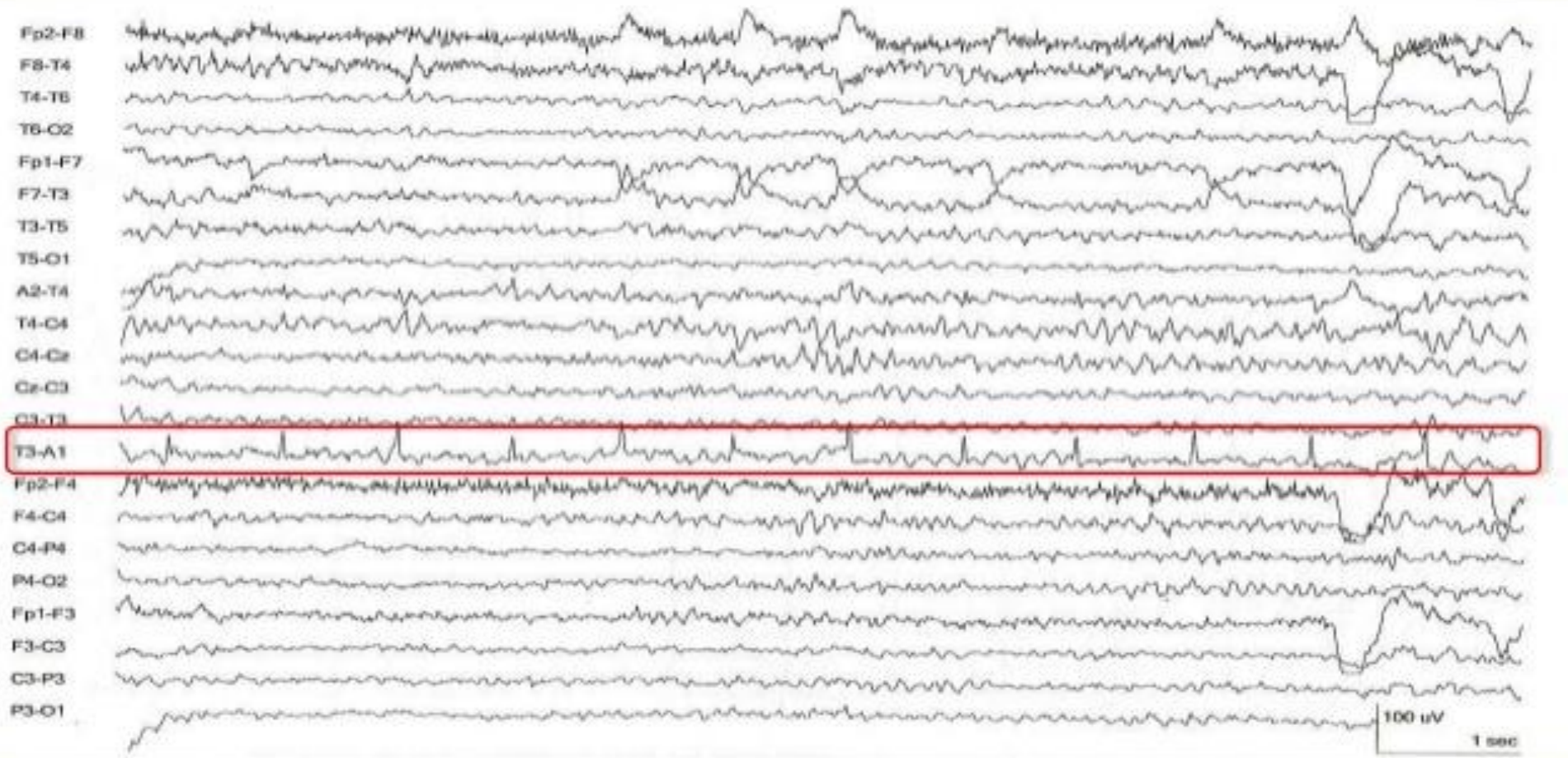
The EEG Signal

- Measured signal is about 100 μV on the scalp and 1-2mV on the brain
- Artifact rejection is often carried out prior to analysis
- Filtering can be used to get rid of potential signal drifts or high frequency artifact
- Time Frequency analysis is commonly carried out
- Features of the EEG are often extracted to characterize the signal

Common EEG Artifacts

- Cardiac artifacts from heart beat
- Electrode artifacts (sweat, loose electrode)
- External device artifact (noise from nearby electrical equipment)
- Muscle artifacts
- Ocular artifacts (eyes moving)

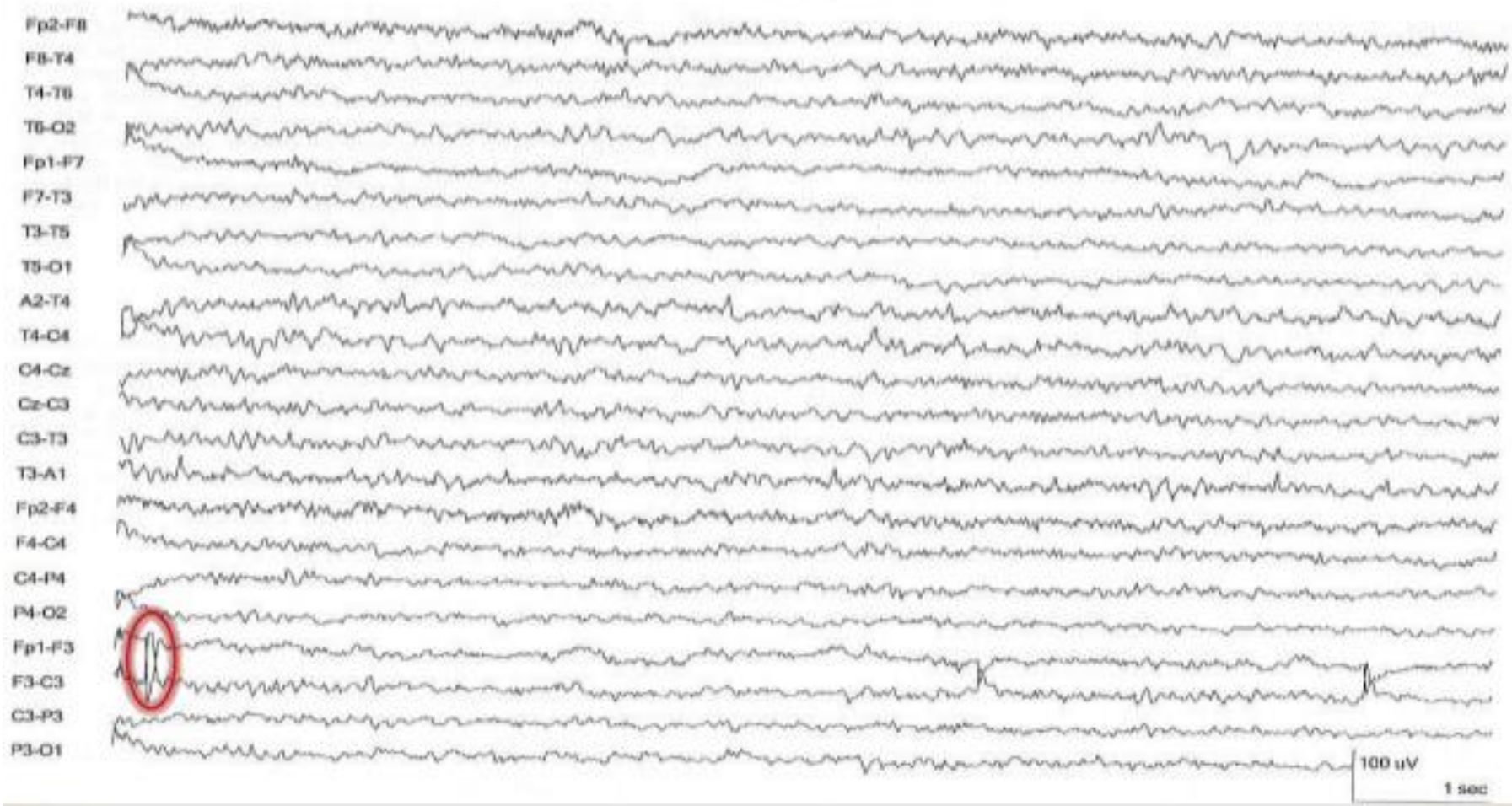
Cardiac artifact



ECG artifact is identified by its fixed period and morphology and is limited to T3-A1 channel in this bipolar montage

http://www.slideshare.net/SudhakarMarella/eeg-artifacts-15175461

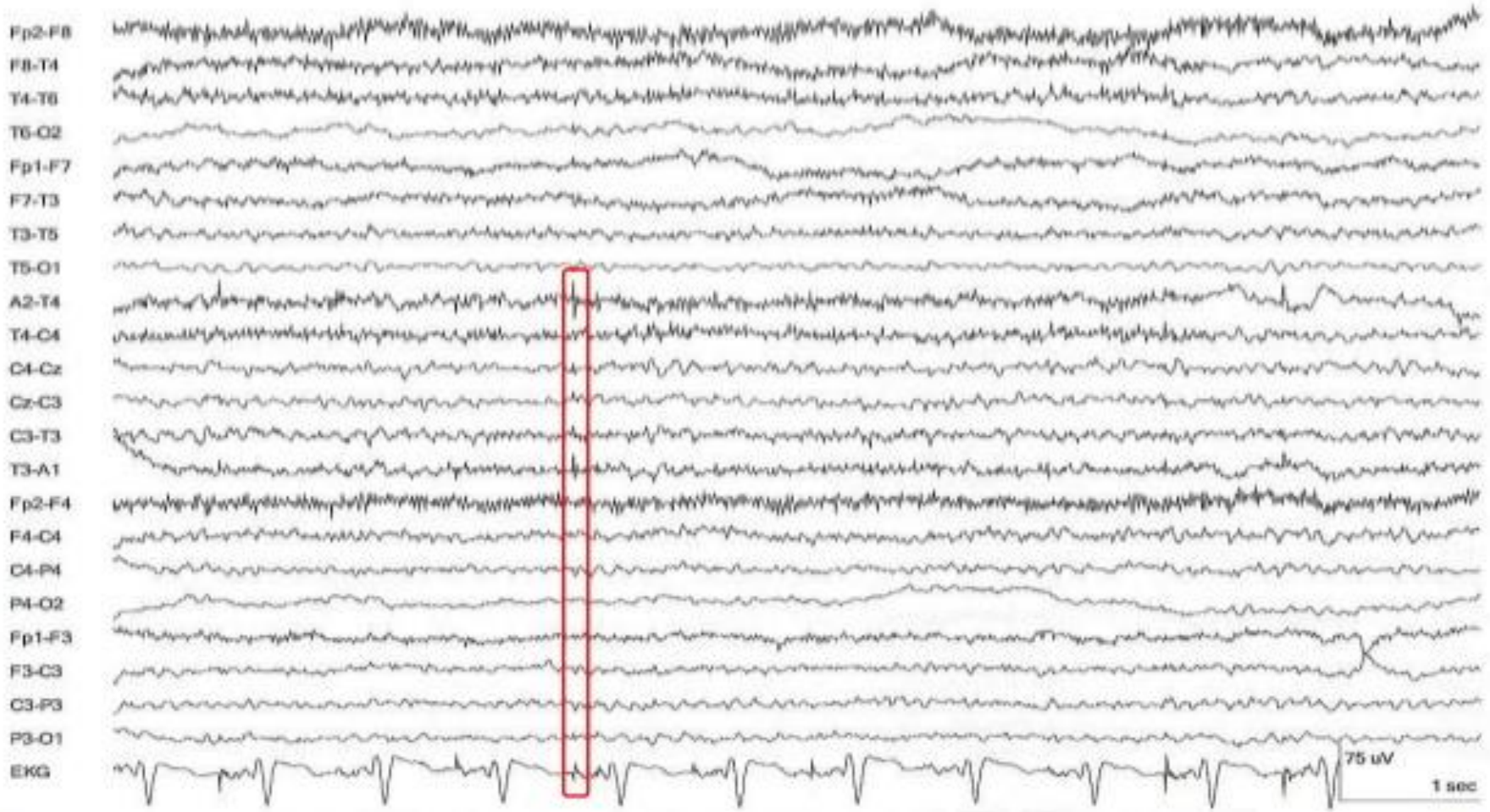
Electrode pop



The nearly vertical rise followed by the slower fall at the F3 electrode is typical of electrode pop artifact. Also typical is an amplitude that is much greater than the surrounding activity, a field that is limited to one electrode, and repeated recurrence within a short time

http://www.slideshare.net/SudhakarMarella/eeg-artifacts-15175461

Pacemaker artifact



Transients comprising very fast activity recur in channels with the A1 and A2 electrodes. The transients are simultaneous to similar discharges in the ECG channel and correspond to a permanent pacemaker's output

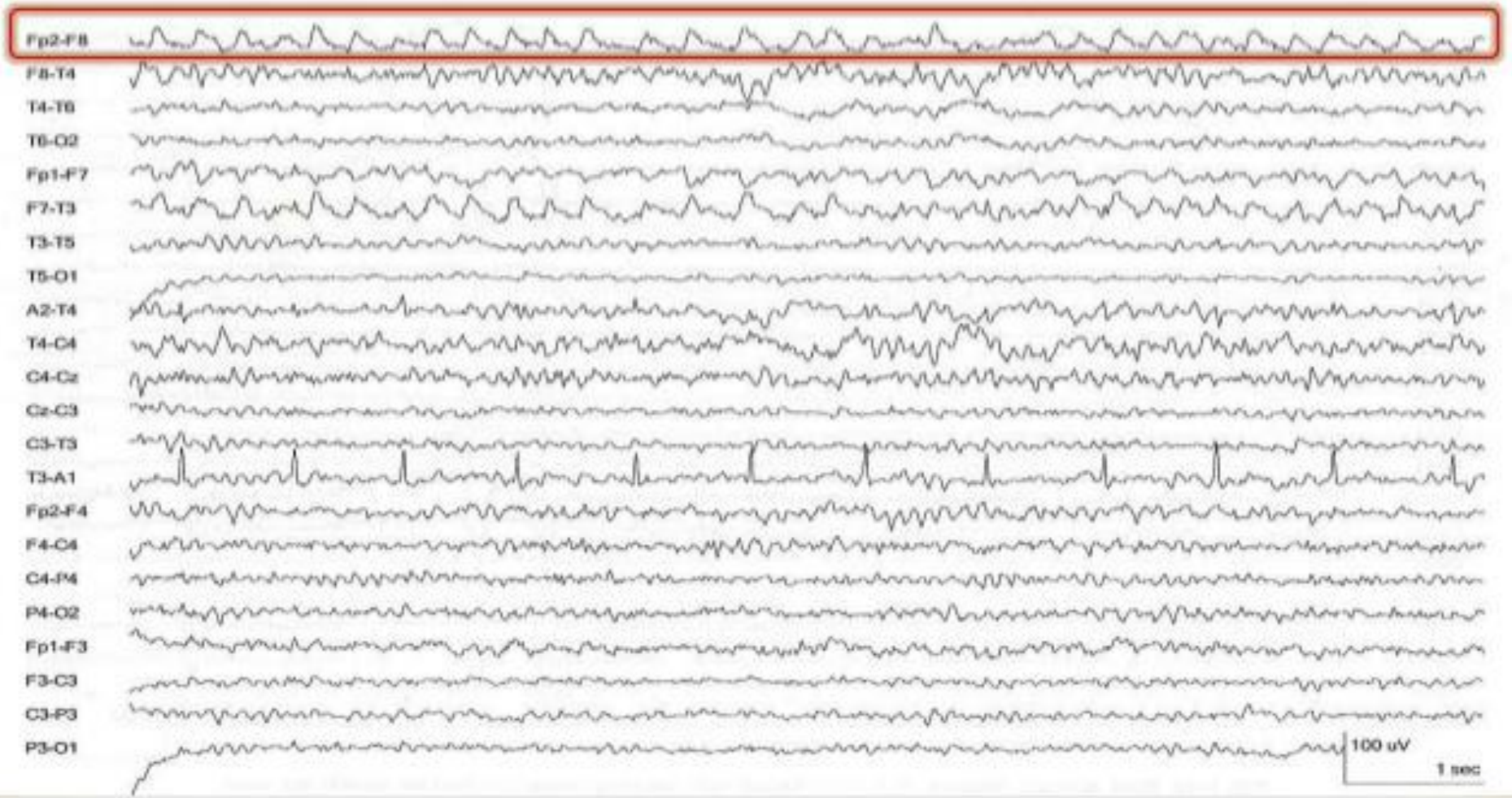
http://www.slideshare.net/SudhakarMarella/eeg-artifacts-15175461

Muscle artifact

The high amplitude, fast activity across the b/l ant. region is due to facial muscle contraction and has a distribution that reflects the locations of the muscles generating it. Typical of muscle artifact, it begins and ends abruptly.

http://www.slideshare.net/SudhakarMarella/eeg-artifacts-15175461

Eye flutter artifact

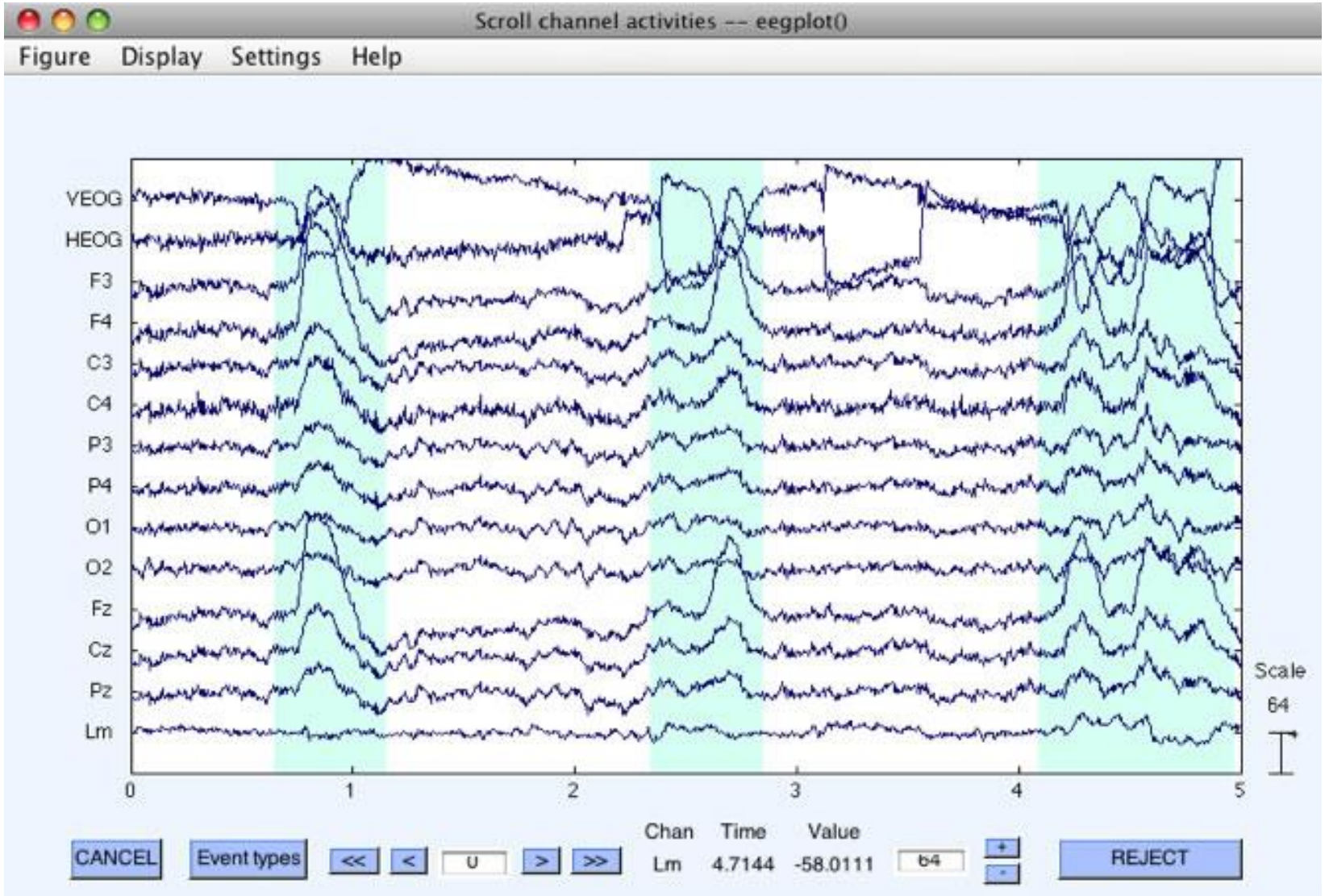


Medium amplitude, low frequency activity that is confined to the frontal poles is identified as ocular artifact through its morphology. Compared to blink artifact, flutter artifact typically has a lower amplitude and a more rhythmic appearance

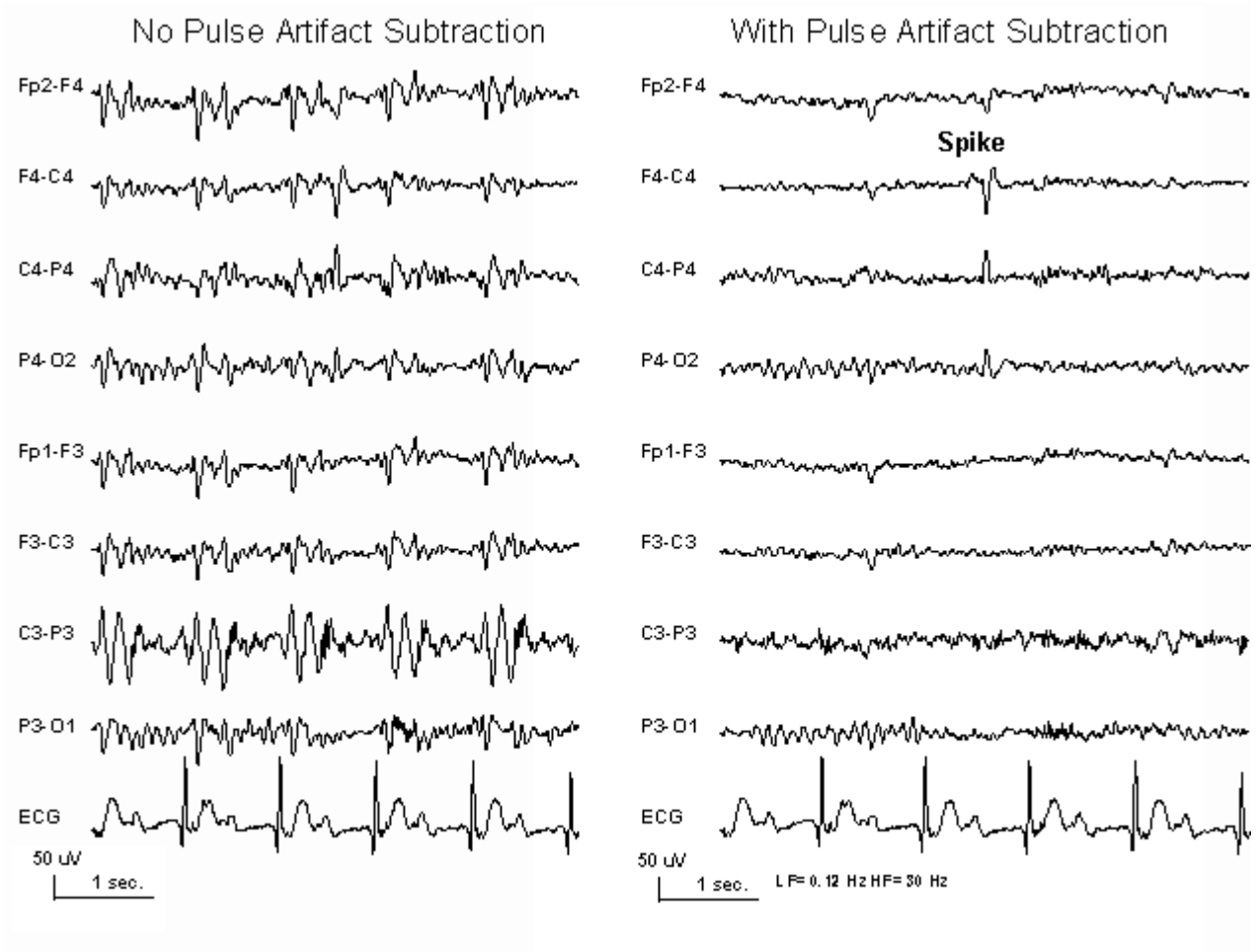
http://www.slideshare.net/SudhakarMarella/eeg-artifacts-15175461

Artifact Rejection

- Criterion or visual strategy to remove epochs of bad data

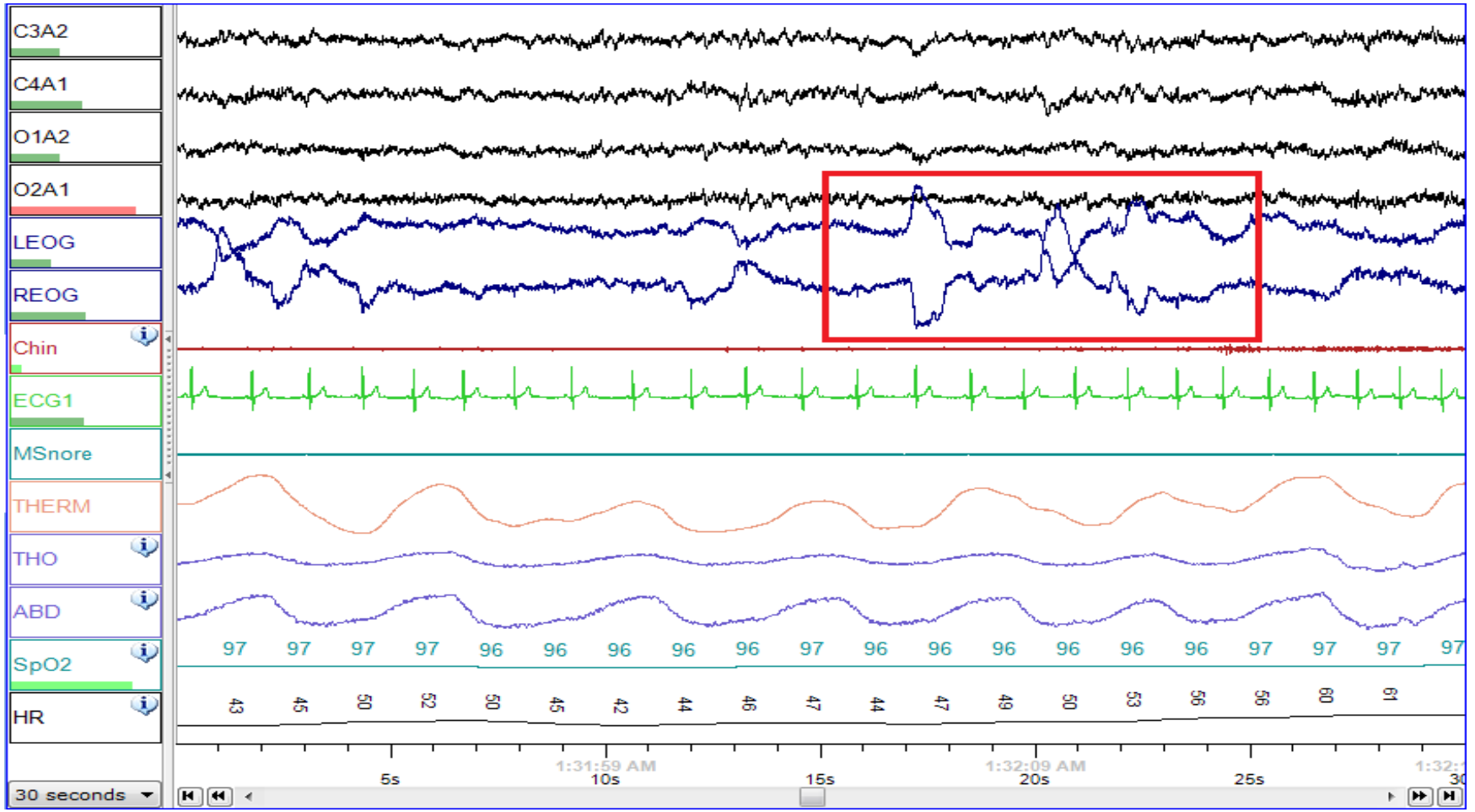


Remove Artifacts by Signal Subtraction

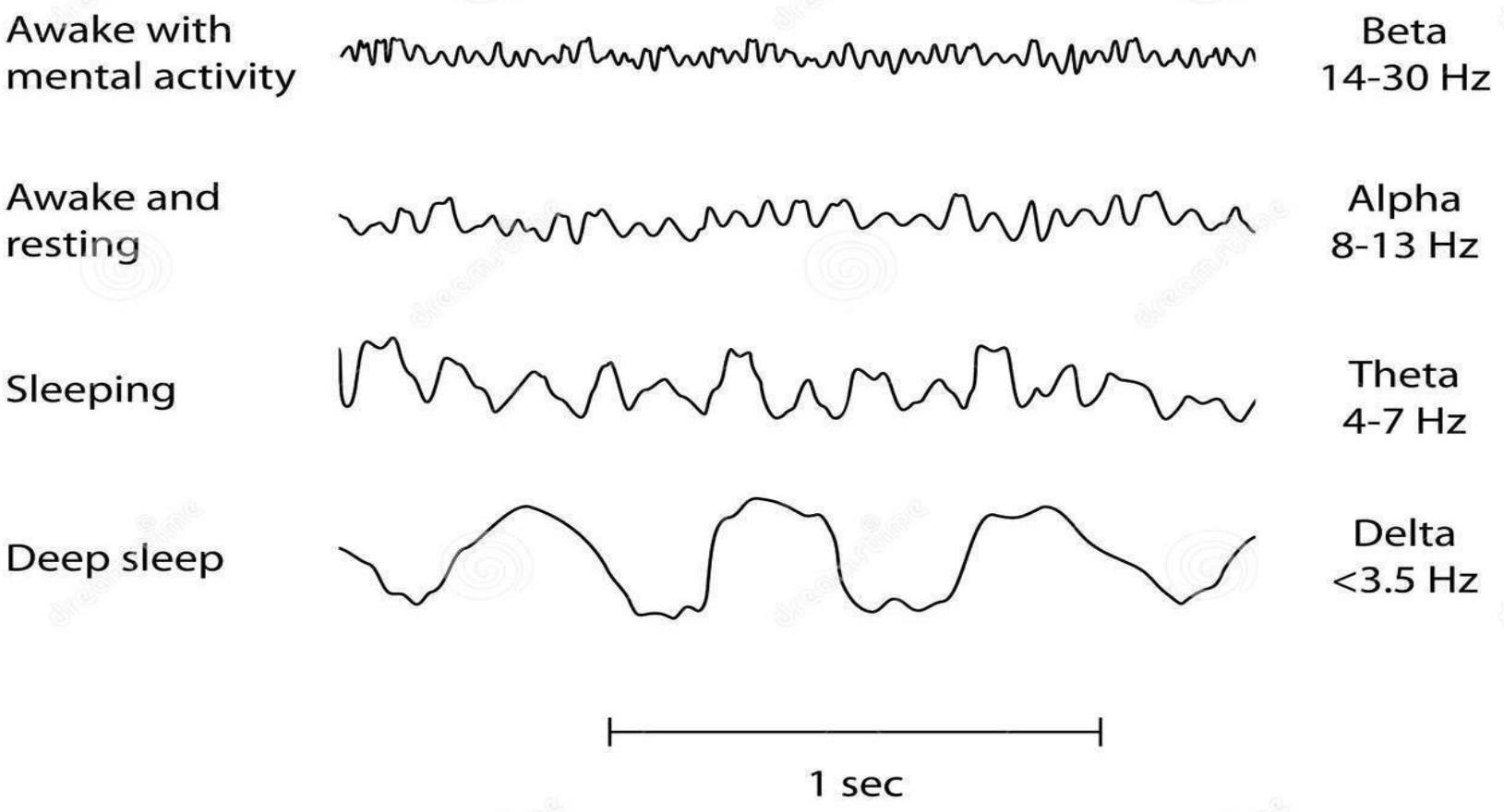


Ocular Movement During REM Sleep Artifact

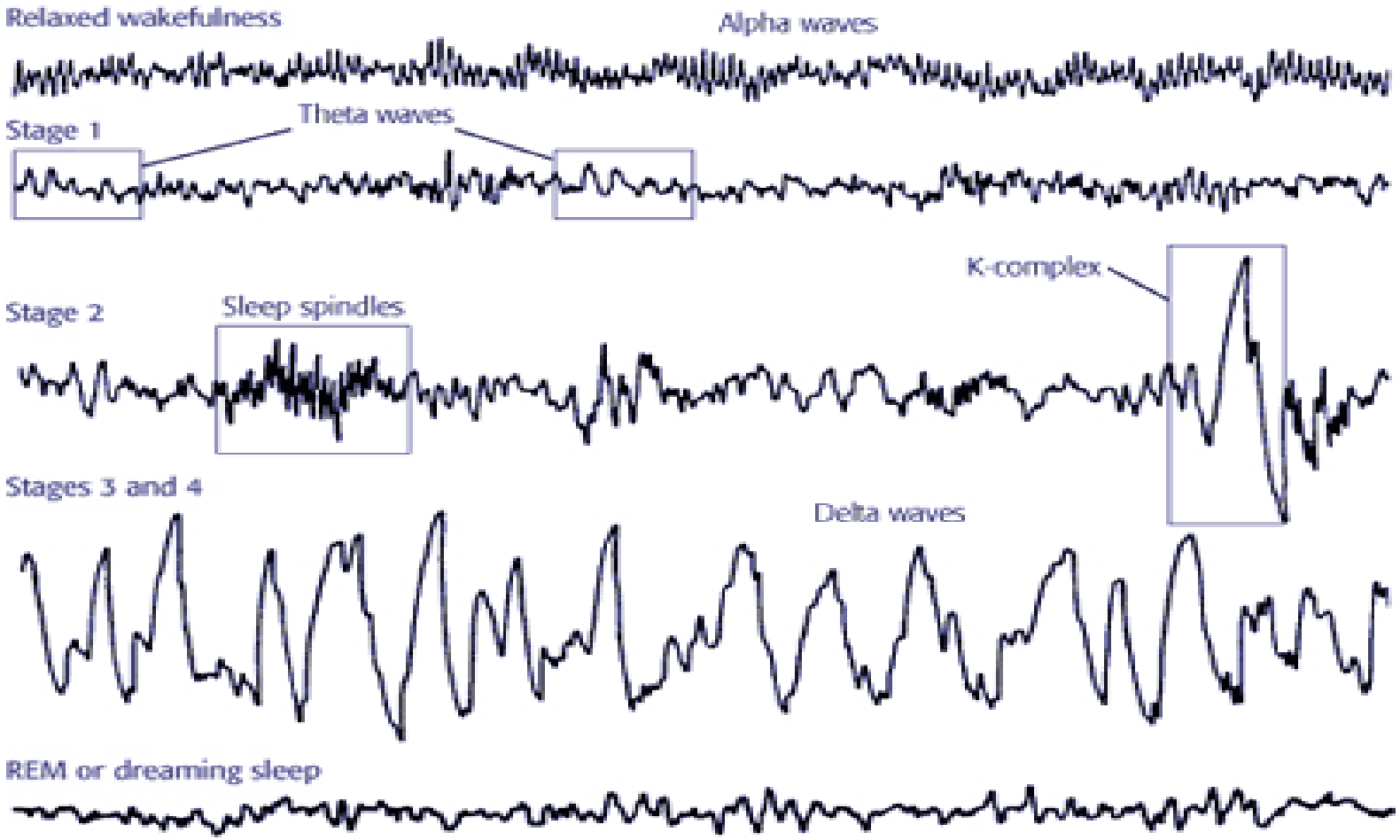
- Due to electrode placement, eye movements are reflective
- Determine where the signal changes exactly opposite of the other and remove the artifacts



Type of Normal Adult Brain Waves

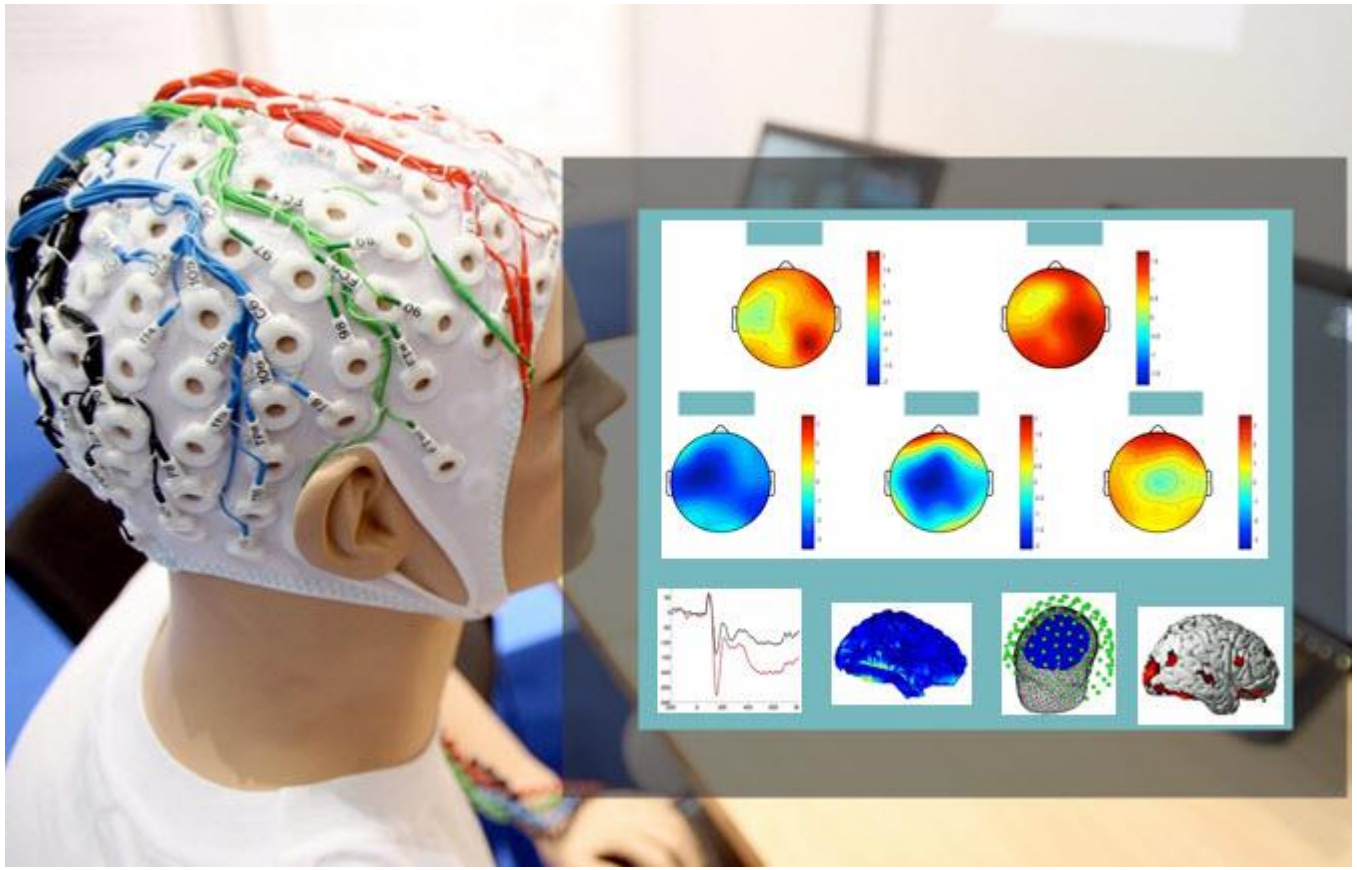


EEG During Sleep



EEG in Research

- Evoked Potential
- Time Frequency analysis
- Self-regulation of signals
- Source localization

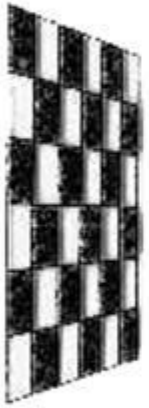


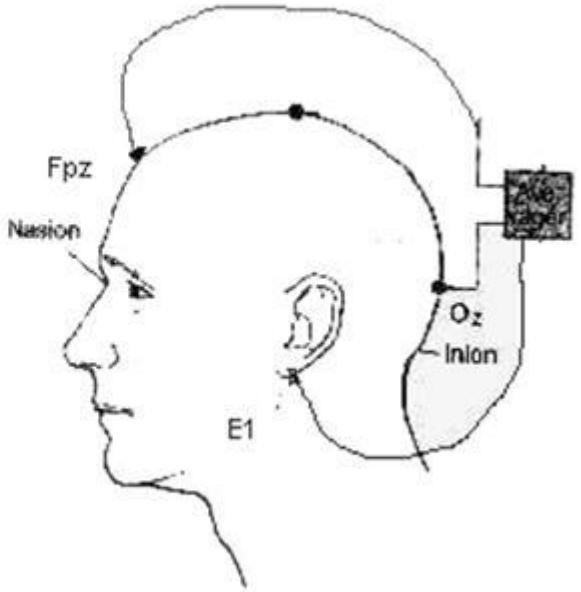
Evoked Potentials (Event-Related Potential (ERP)

- An electrical potential measured from a human or animal following presentation of a stimulus
- Stimulus can be sensory (visual, auditory, or somatosensory), motor, or related to an event
- Elicit the stimulation
- Measure the response

Visual Evoked Potential (VEP)

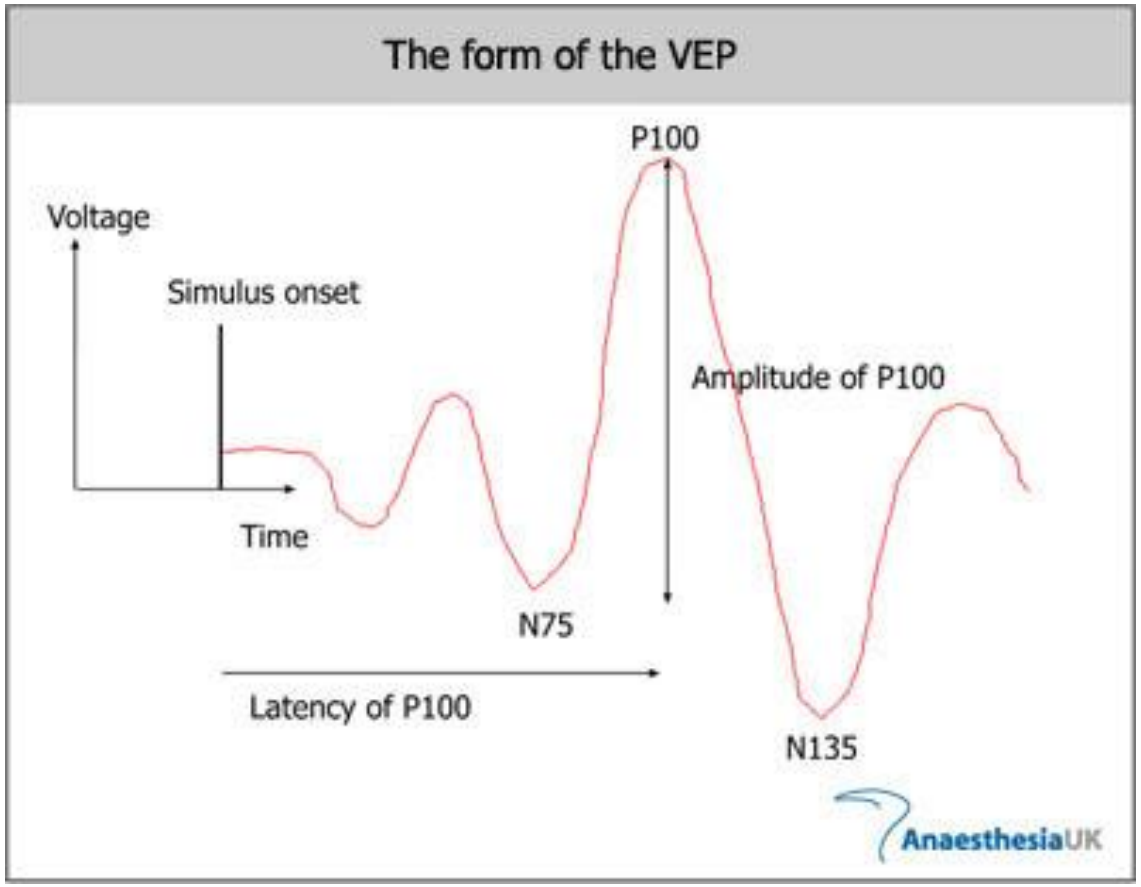
- Watch an alternating checkerboard
- Generally only use a single electrode over occipital cortex and a reference electrode
- See the same waveform in most healthy people





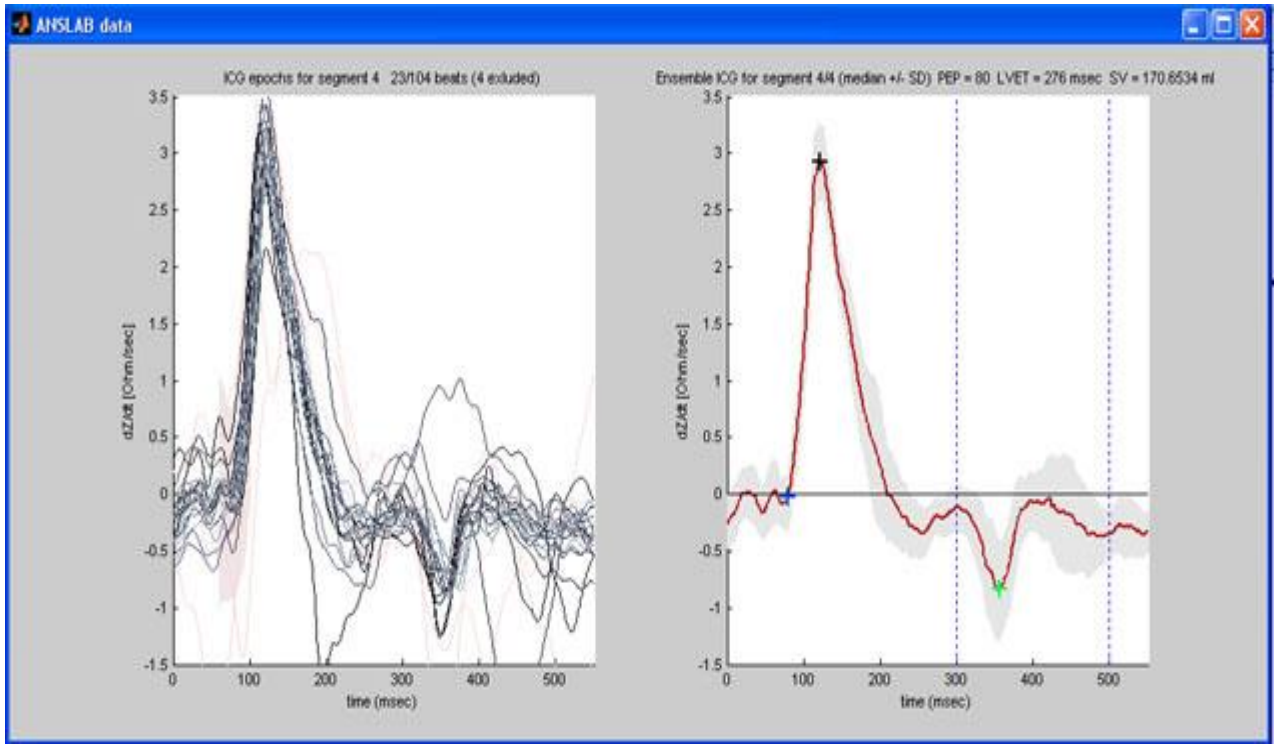
The VEP

- Initial negative peak (N75) followed by positive peak (P100) followed by a second negative and positive peak
- Numbers (75, 100) indicate the average peak latency from the stimulus
- Typically look at latency and amplitude of the peak



Evoked Potential Processing – Ensemble Averaging

- Signal is generally collected repeatedly
- Signal is expected to be in the same place each time
- Noise is expected to be randomly distributed
- Average the signal to increase signal strength and smooth out the noise



http://www.anslab.net

Time Frequency Analysis

- Time information is important for understanding time and amplitude information
- Frequency information can help for understanding magnitudes of frequencies of brain waves (no time information)
- Time-frequency information tells when frequencies occur
- Fourier Transform is used to transpose a signal from time domain to frequency domain and vice versa

Fourier Transform Basics

The Fourier Transform .com

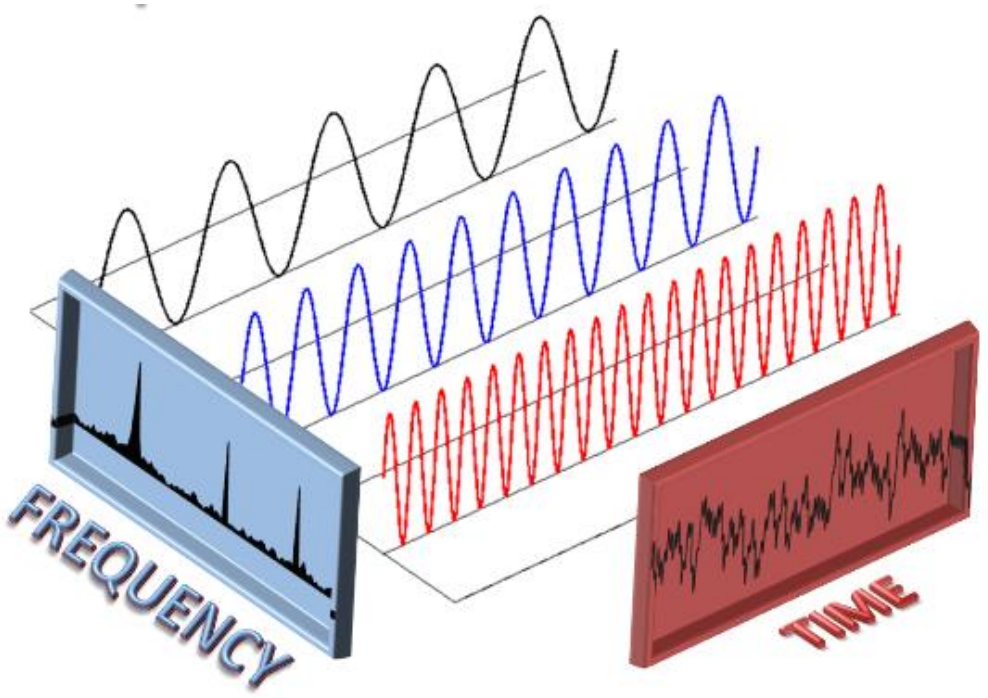
$$\mathcal{F}\{g(t)\} = G(f) = \int_{-\infty}^{\infty} g(t)e^{-i2\pi ft}\,dt$$

$$\mathcal{F}^{-1}\{G(f)\} = g(t) = \int_{-\infty}^{\infty} G(f)e^{i2\pi ft}\,df$$

Joseph Fourier, French mathematician, 1768-1830

Fourier Transform

- Mathematical tool to decompose a tir signal into a sum of sine and cosine waves
- Sine and cosine waves are basis functions of different frequencies
- Fast-Fourier transform (FFT) is used to compute the discrete Fourier transform, which can be computed over a discrete time interval

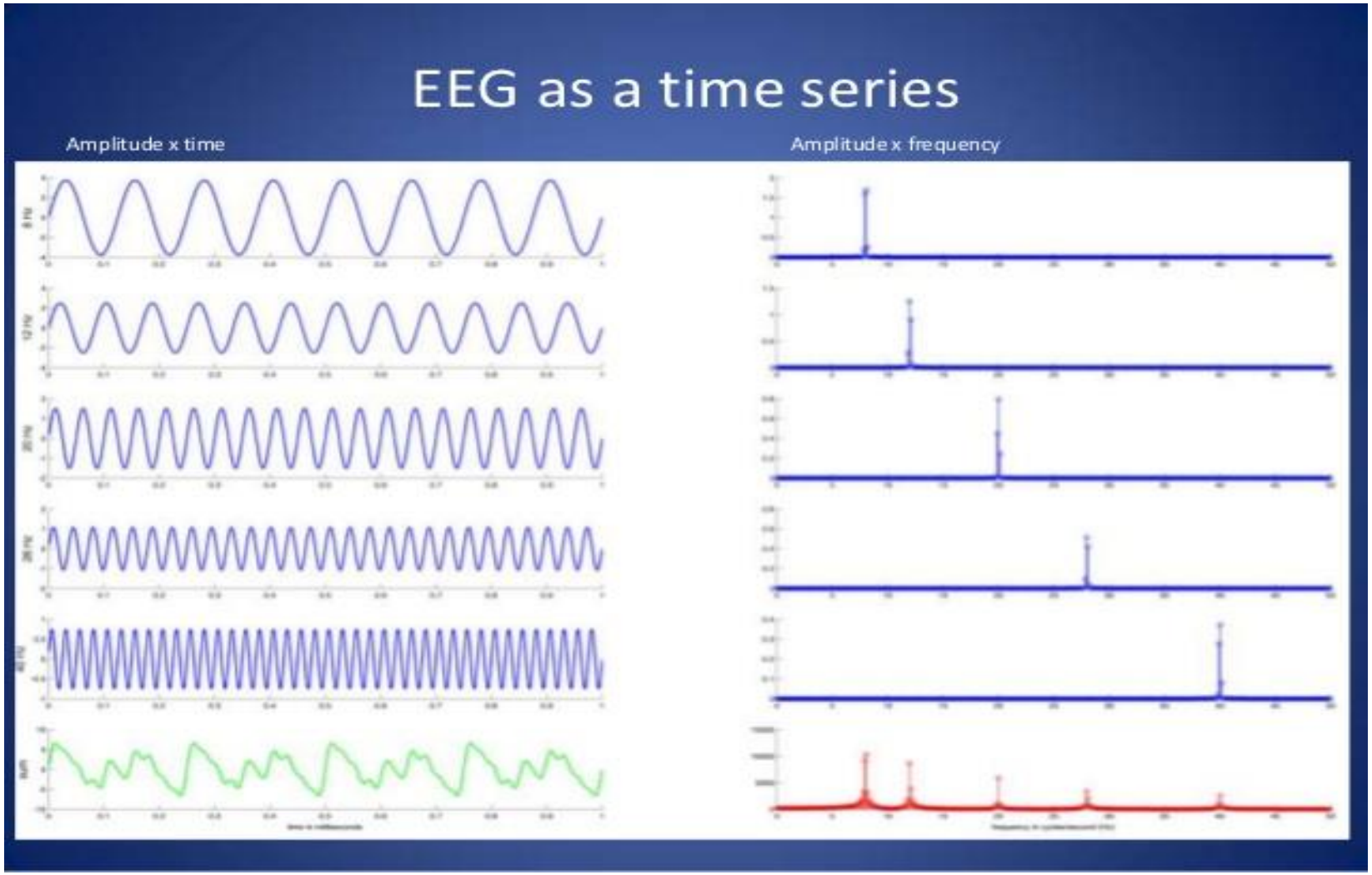


http://groups.csail.mit.edu/netmit/wordpress/projects/sparse-fourier-transform/

Fourier Transform Uses

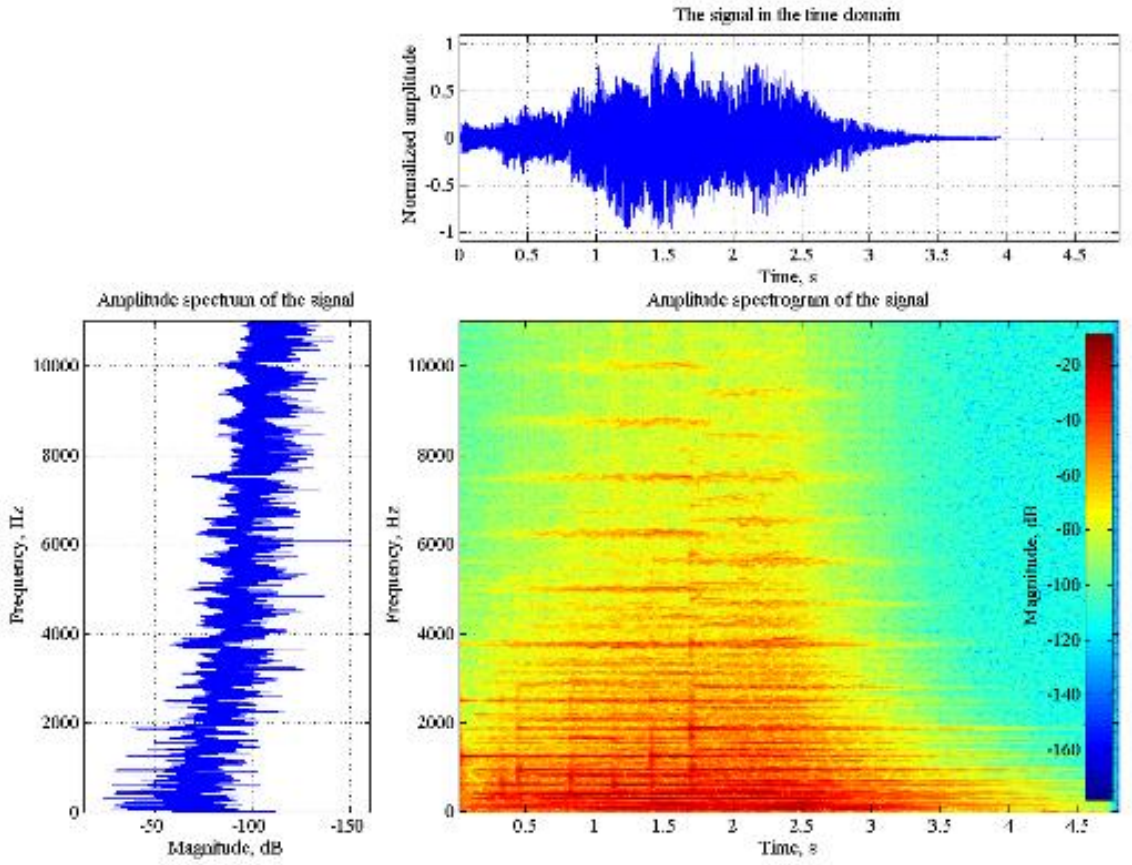
- Widely used in signal processing
  - Acoustics
  - Radio waves
  - Sonar
  - Imaging
  - Vibration theory
  - Geology (seismic activity)

Fourier Transform in EEG



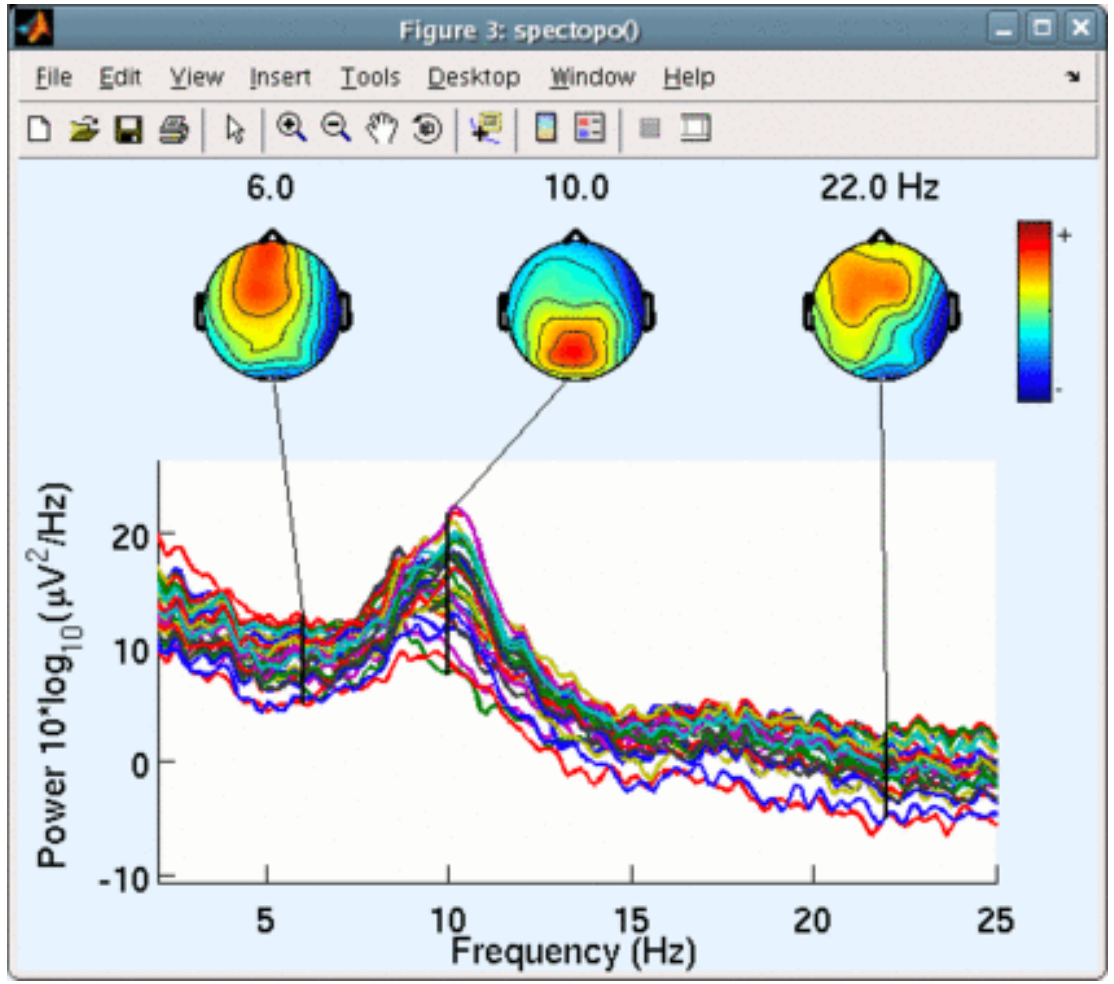
Time Frequency Analysis

- Pick a time window size and analyze frequencies in that window
- Longer time window, better frequency resolution
- Changes in the frequency distribution over time can be plotted



Topographic EEG Plots

- Plot showing where the distribution of frequencies lies in relation to the electrode placement
- Areas between electrodes are interpolated
- More electrodes give a better resolution



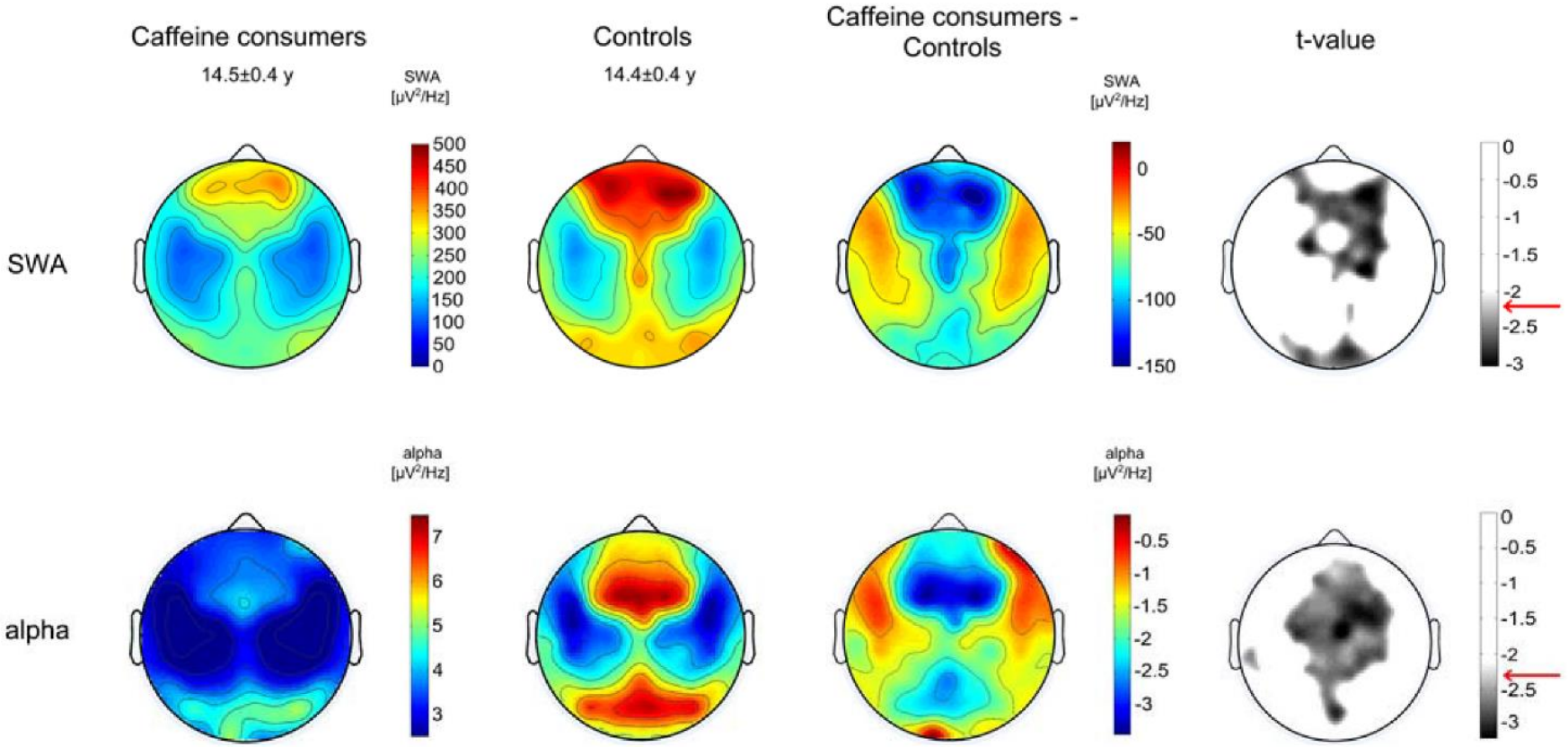
Example Study of Topographic EEG

- Study by Aepli, et al. (2015, Zurich) "**Caffeine Consuming Children and Adolescents Show Altered Sleep Behavior and Deep Sleep"** *Brain Sci.* **2015**, *5*(4), 441-455; doi:10.3390/brainsci5040441

- Compared effects of caffeine consumption on brain waves during sleep in adolescents

- Found later bedtimes in caffeine consumers as well as reduced slow wave and alpha activity during sleep

Caffeine Consumption in Adolescents



Self-Regulation with Neuro-feedback

- Hooked up to EEG and watches their brain activity
- Essentially playing a “video game” with their brain waves
- Tries to modulate their brain waves to something more desirable
- Tries to change frequencies at specific locations “tailored to the individual”
- Tools to “self-regulate” to improve brain functioning

https://www.eeginfo.com/institute/testimonials.jsp

Source Localization

- Trying to find where the main source of the EEG signal is coming from within the brain = the generator
- An inverse problem using scalp measurements to find the source inside the brain
- Very difficult problem (poor spatial resolution)
- Newer imaging techniques (fMRI) have improved methodology of source localization

EEG in Clinical Practice

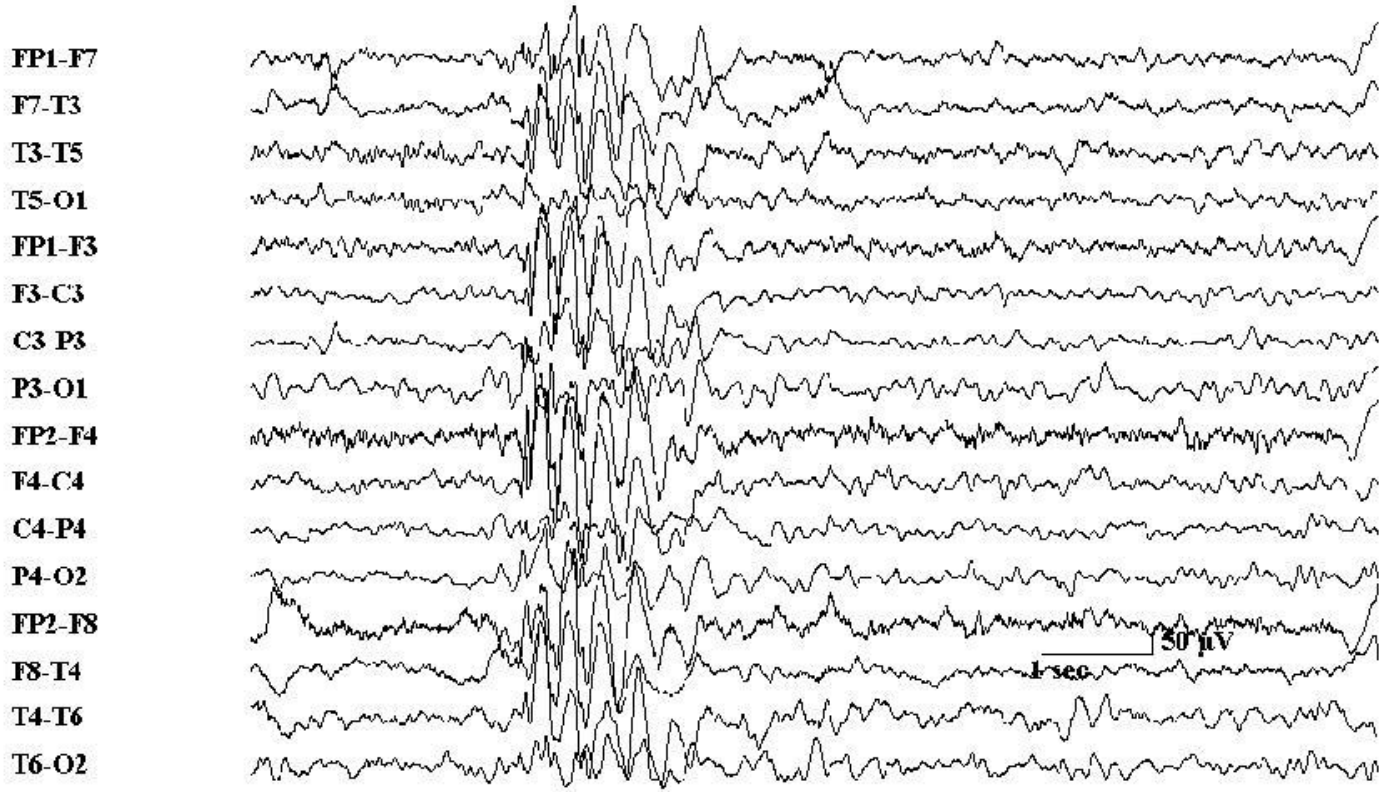
- Most common clinical use is localizing source of seizures in epilepsy
  - Patient is hooked up, electrodes on scalp or directly on brain
  - Wait for seizure activity to occur

- In severe epilepsy cases, seizures can occur hourly (not necessarily Grand Mal) with 100s per day

- Once source of seizure is localized, surgery is often performed in very severe cases

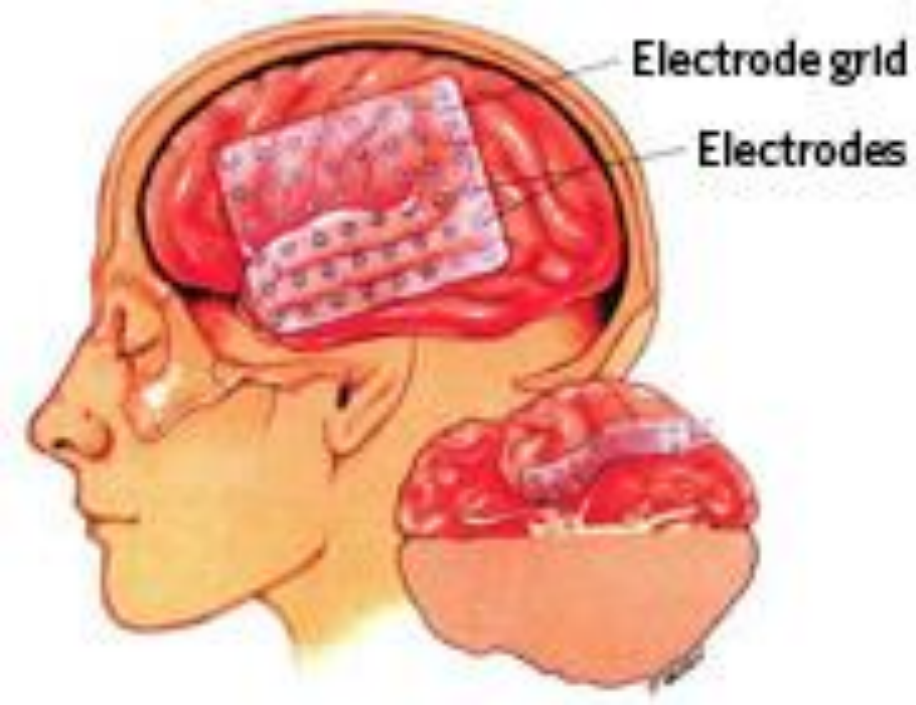
EEG - Epilepsy

- Brain disorder in which a cluster of neurons signal abnormally
- Sometimes onset by other physiological issues
- Sometimes fatal



Epilepsy Focus Mapping

- Mostly done in children
- Electrodes placed directory on the brain for better localization seizure inducing cells
- Surgical placements of electrodes
- Part of the brain which originate the seizures is removed (focal cortical resection)



http://www.chp.edu/our-services/brain/neurosurgery/epilepsy-surgery/services/brain-mapping

EEG Sleep Staging

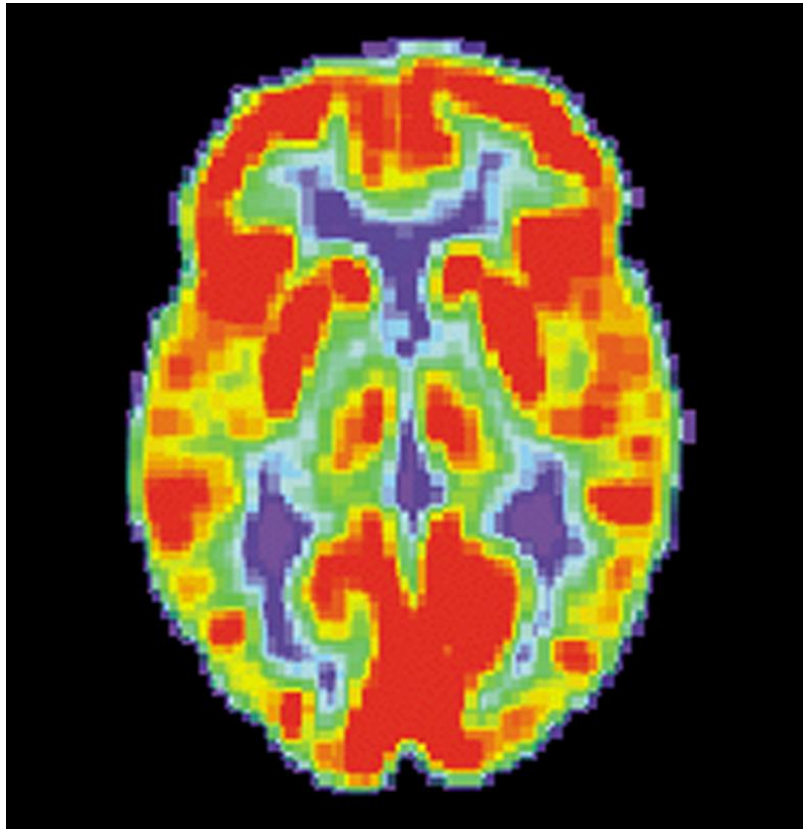
- EEG is often used in sleep studies to assess sleep health
- Sleep staging to see how long in each “stage”
- How many sleep cycles in a night
- Stages of sleep include
  - Stage 1
  - Stage 2
  - Stage 3
  - Stage 4
  - REM (rapid eye movement)

Magnetoencephalography (MEG)

- MEG signals first measured by David Cohen in 1968
- Like EEG but measure magnetic activity from the brain
- Uses very sensitive magnetometers
- Most common array of magnetometers are called SQUIDs (superconducting quantum interference devices)

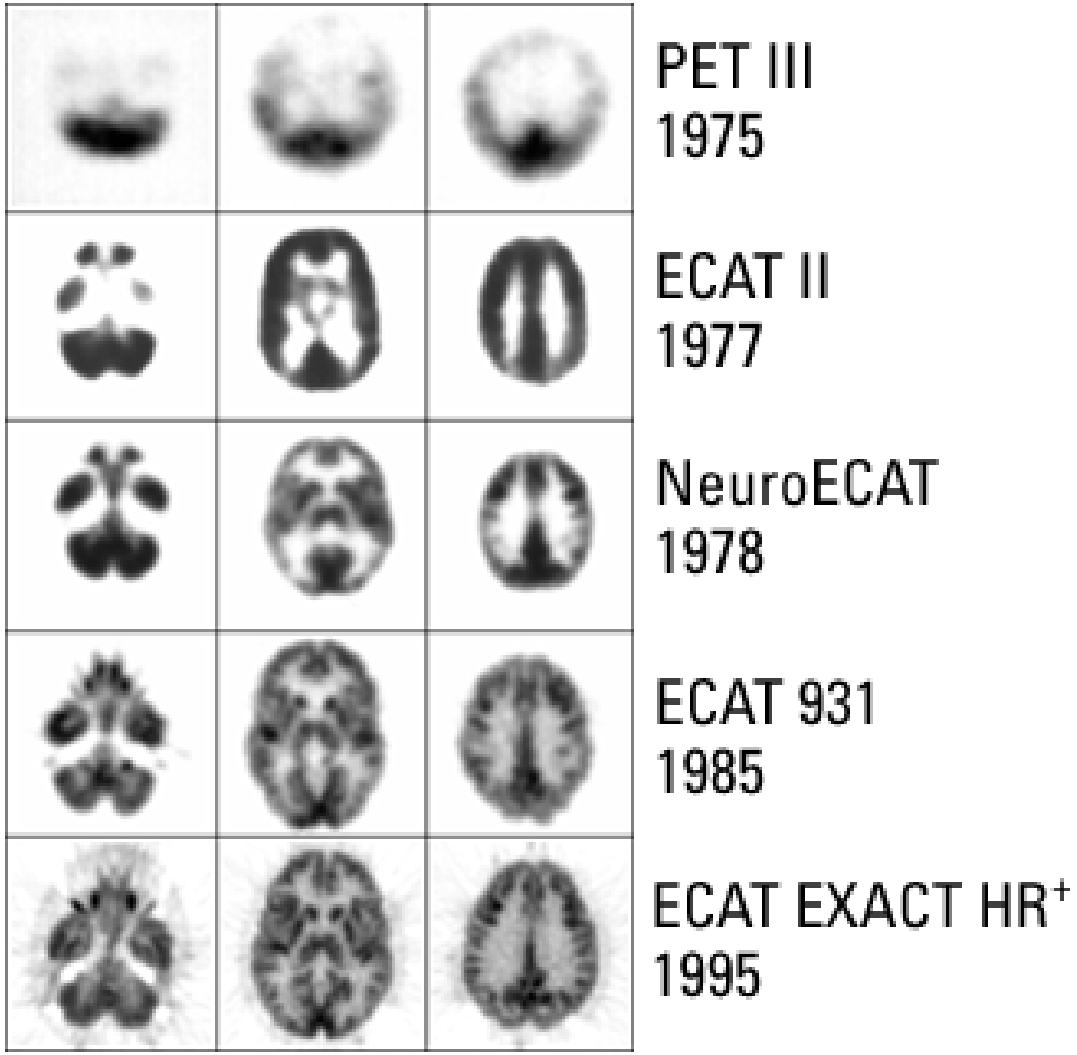
Positron Emission Tomography (PET)

- What it is / Brief History
- How it works / Basic Principles
- Collecting the data
- PET Tracers
- Modeling / Analyzing the data
- Problems of PET
- Applications of PET



PET scans (Positron Emission Tomography)

- Nuclear medicine technique that measures body functions (developed 1973, commercialized by 1975)
- Uses radioactive tracer as a “dye” to see how organs and tissues are working
- Can measure blood flow, oxygen usage, glucose metabolism



http://www.cerebromente.org.br/n01/pet/pet_hist.htm

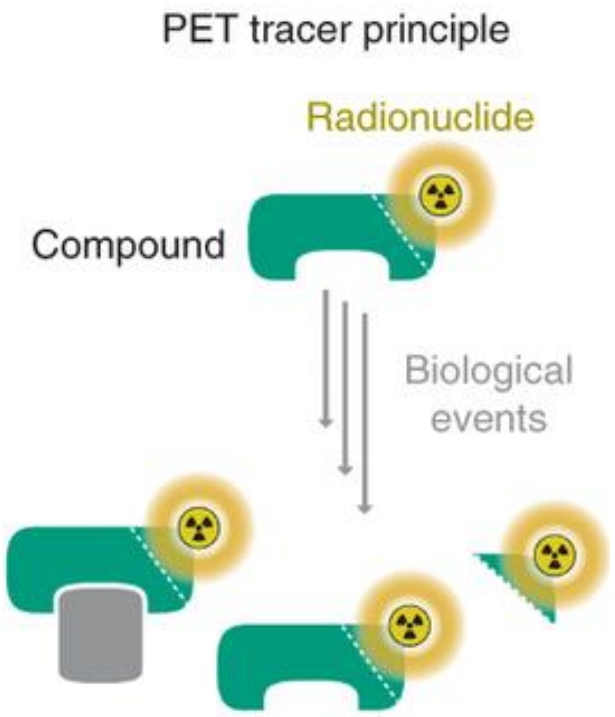
Principles of PET

- PET is a noninvasive, diagnostic imaging technique for measuring the metabolic activity of cells in the human body
- It was developed in the mid 1970s and it was the first scanning method to give functional information about the brain
- The tracer called a radionuclide is introduced into the body on a biologically active molecule
- Positrons (positively charged electrons or anti-matter), which are emitted from the tracer
- Emitted positron collides with an electron and produces a pair of gamma rays exactly 180 degrees apart

Positron

- Antimatter electron (electron with a positive charge)
- Can come from different sources, but in PET they are produced by nuclear decay
- A cyclotron is used for the process of nuclear decay by bombarding target material with protons
- As a result, a neutron is released an unstable nuclei is produced

PET Tracer



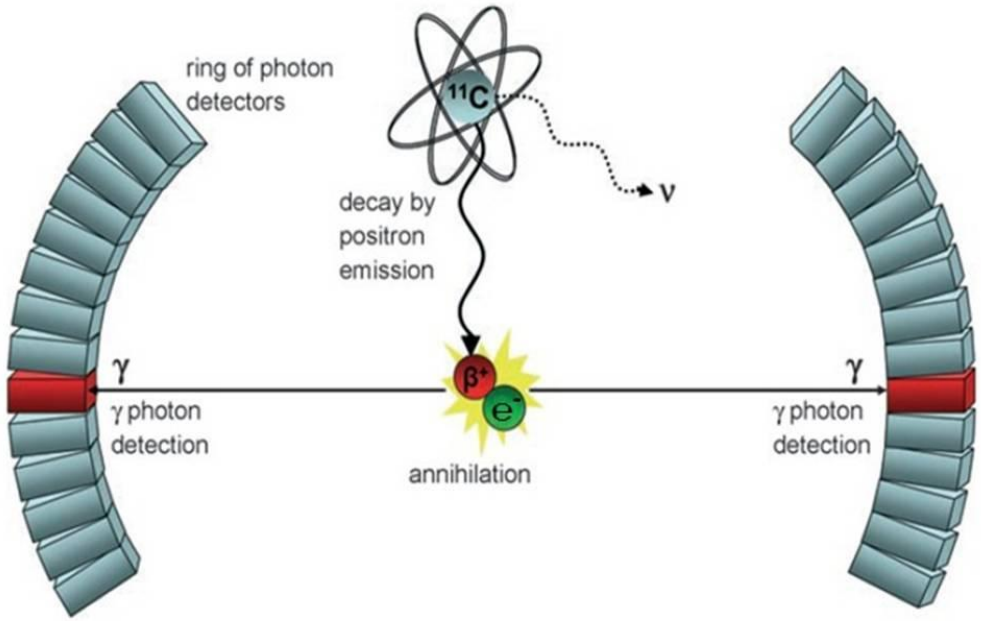
- Tracers can be used to measure a metabolic process
  - Glucose metabolism
  - Oxygen use
  - Dopamine receptors
  - Amyloid Plaques in Alzheimer's Disease

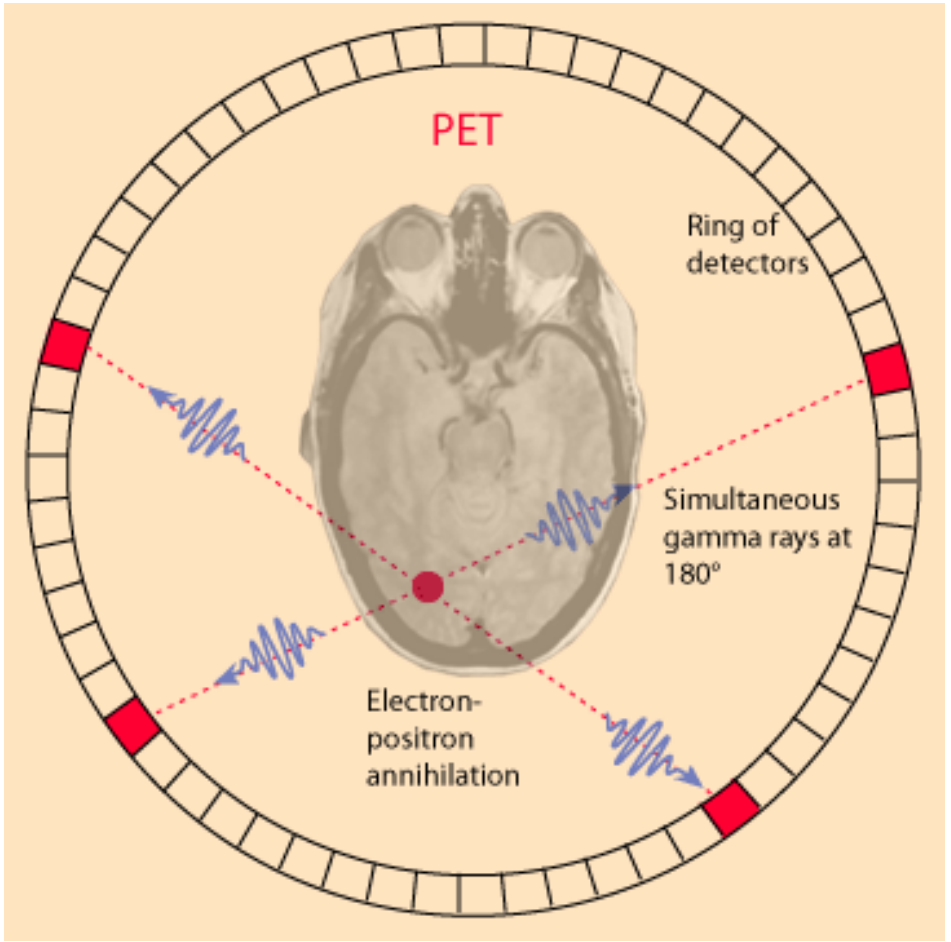
http://www.nature.com/nm/journal/v19/n10/fig_tab/nm.3323_F1.html

Annihilation of Positron

- When the positron is released, it quickly collides with an electron
- When the positive electron hits the negative electron, annihilation occurs
- Energy in the form of gamma rays (photons) is released exactly 180 degrees apart
- A PET Detector ring registers this event and determines where they came from, thus reconstructing a picture

Detection of Annihilation





Basic Steps to PET

1. Inject radiotracer into subject
2. Wait until it is absorbed
3. Measure the tracer in blood (sampling) and brain (PET images) at multiple points in time
4. Perform quantitative analysis to obtain biological information

What is being used to create the image?

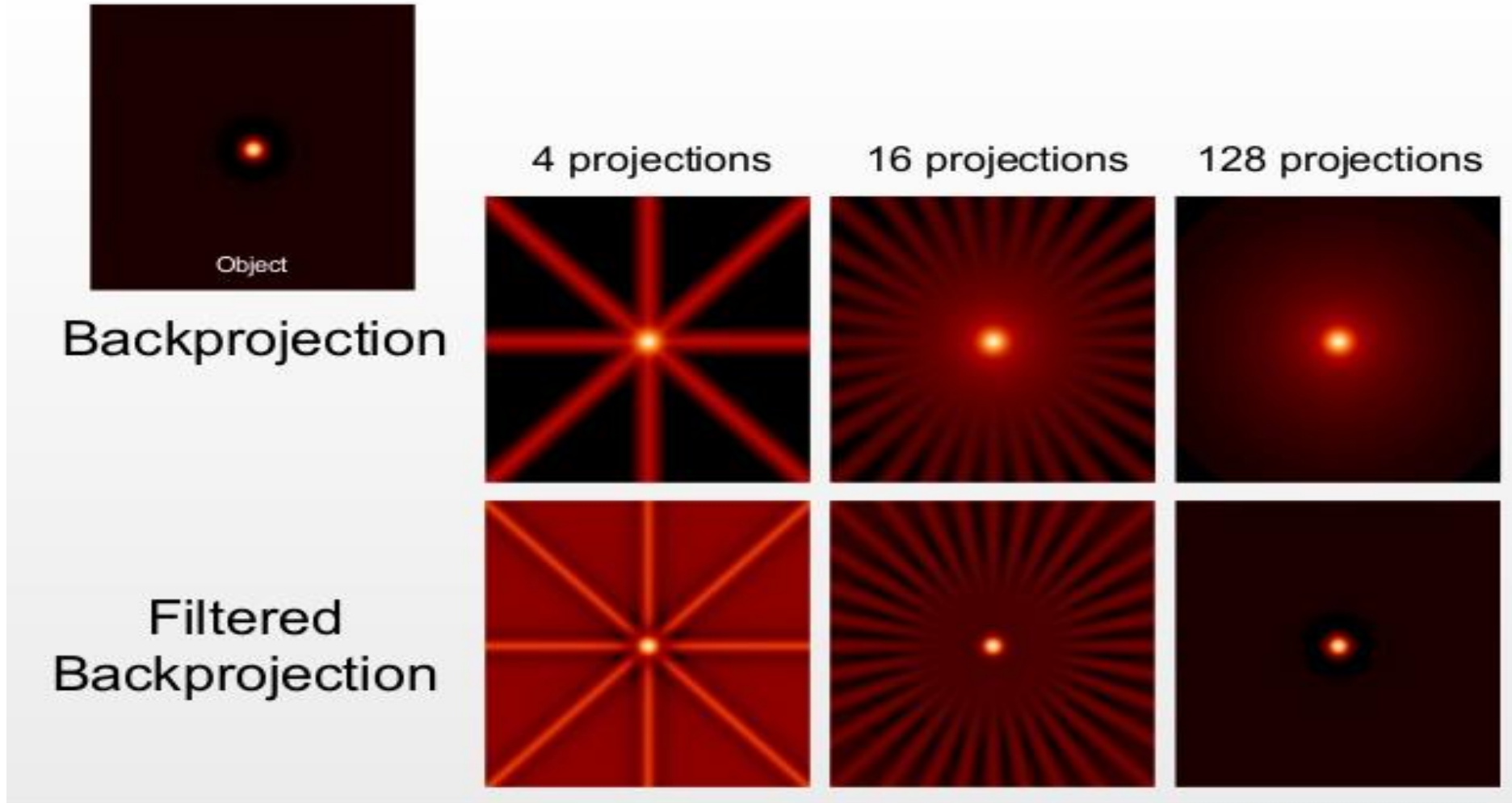
- Radioactive counts
- The more counts in an area, the higher the image intensity
- The Standard Uptake Value (SUV) is used to quantify the image

$$SUV_{bw} = \frac{\text{Concentration in ROI (uCi/g)}}{\text{Injected Dose (mCi) / BW (kg).}}$$

Jirapom_PET/CT in Onco 2016

PET image reconstruction

2D Reconstruction

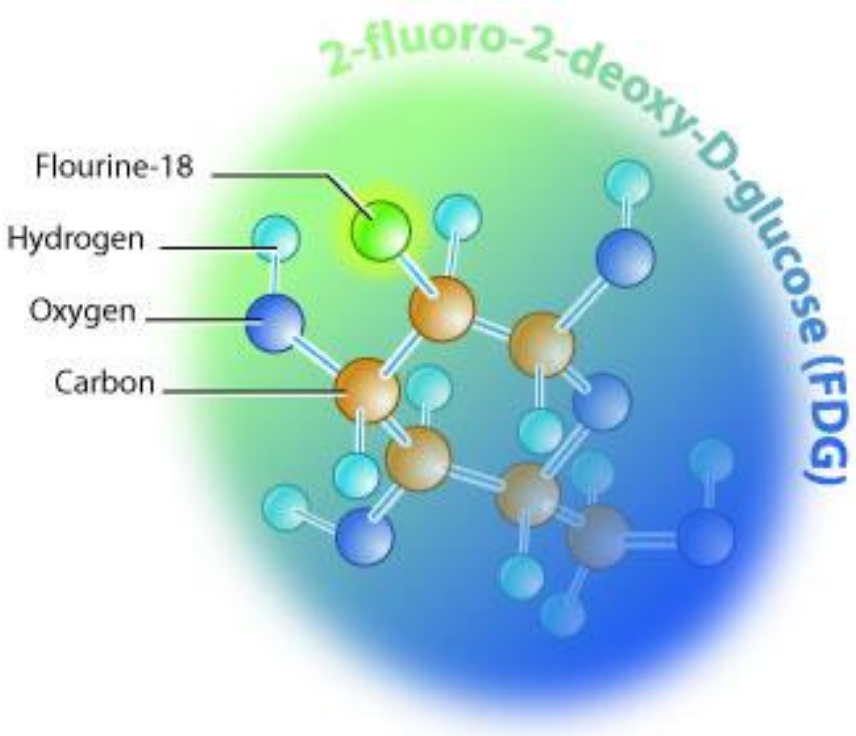


http://www.slideshare.net/brucelee55/additional-material

Tracer Example: FDG

- Fluorodeoxyglucose is a glucose analog
- Full chemical name is 2-fluoro-2-deoxy-D-glucose
- Most commonly used tracer for clinical PET imaging
- Only commercially available PET tracer
- Half life of 110 minutes

FDG & Metabolism

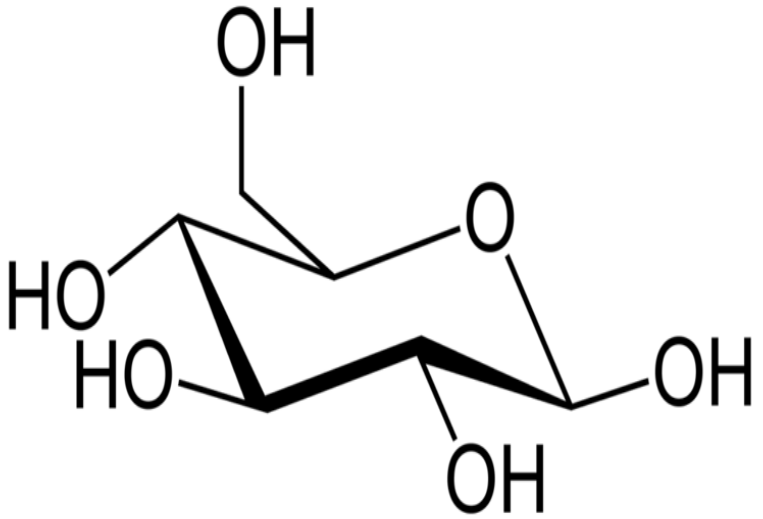


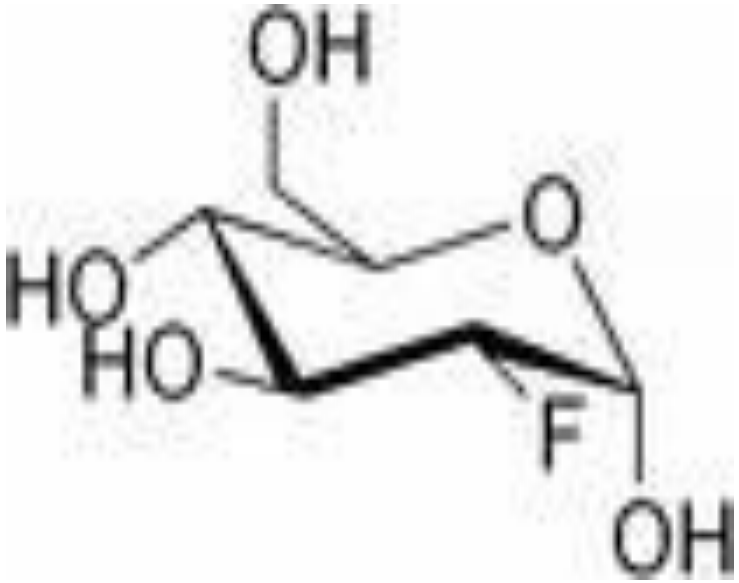
- Basically a sugar molecule with F-18 radioisotope attached

- Sugar (glucose) is converted to energy by the body (metabolism)

- Substitute FDG for glucose to see where high levels of metabolism are occurring

FDG and Glucose





Glucose = $C_6H_{12}O_6$

FDG = $C_6H_{11}FO_5$

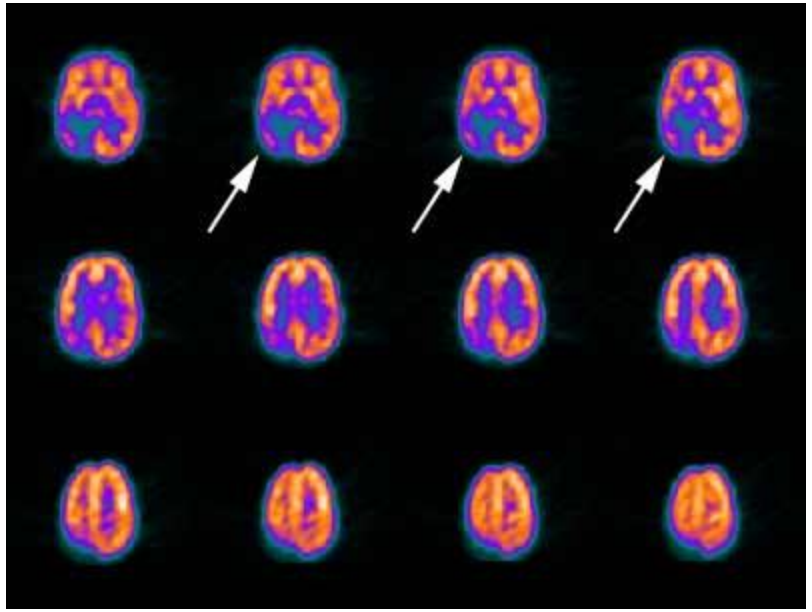
Deriving Energy from Glucose

- Glycolysis = breakdown of glucose into 2 ATP molecules and 2NADH molecules
- Glycolysis is the beginning of cellular respiration (or cellular metabolism)
- Aerobic metabolism follows when oxygen is available (most efficient)
- Anaerobic metabolism (fermentation) occurs when no oxygen is available (extremely inefficient compared with aerobic metabolism)

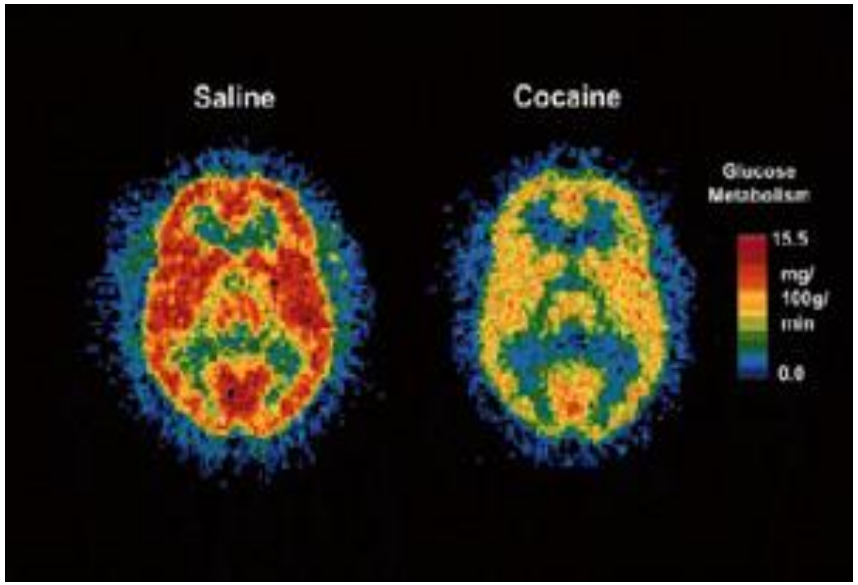
FDG in the Body

- FDG is taken up by cells which use glucose as their primary energy source (generally scan 30-60 minutes post-injection)
- FDG uptake is proportional to glucose uptake
- FDG is broken down by the cell and leaves by passive diffusion
- FDG and related compounds are cleared from non-cardiac tissues within 3 to 24 hours after administration; clearance from the heart may require more than 96 hours
- [18F]FDG that is not involved in glucose metabolism is excreted unchanged in the urine.

FDG to Study the Brain



Seizures



Drug Use

Isotopes Used for PET Tracers

Development of PET radiopharmaceuticals and their clinical applications at the Positron Medical Center. Ishiwata et al, Geriatr Gerontol Int 2010; 10 (Suppl. 1): S180–S196

Table 1 Radiopharmaceuticals approved for clinical studies at the Positron Medical Center

Function	Radiopharmaceutical	Date approved
Cerebral blood flow	[^{15}O]CO_2, [^{11}C]CO_2	October 1990
	[^{15}O]H_2O	December 1990
Cerebral oxygen consumption	[^{15}O]O_2	October 1990
Cerebral blood volume	[^{15}O]CO	October 1990
Cerebral plasma volume	[^{11}C]human serum albumin	March 1992
pH of cerebral tissue	[^{11}C]CO_2	October 1990
Glucose metabolism	[^{18}F]FDG (carrier-added)	December 1990
	[^{18}F]FDG (no carrier-added)	May 1997
Monoamine oxidase	[^{11}C]deprenyl	June 1993
Dopamine synthesis (presynaptic function of dopamine neuron)	6-[^{18}F]fluoro-L-dopa	March 1994
Dopamine transporter (presynaptic function of dopamine neuron)	[^{11}C]CFT	December 2000
	[^{11}C]PE2I	January 2008
Dopamine D_2 receptor (postsynaptic function of dopamine neuron)	*N*-[^{11}C]methylspiperone	March 1994
	[^{11}C]nemonapride	March 1995
	[^{11}C]raclopride	July 1998
	[^{11}C]FLB 457	June 2008
Dopamine D_1 receptor (postsynaptic function of dopamine neuron)	[^{11}C]SCH23390	December 2000
Central benzodiazepine receptor	[^{11}C]flumazenil	September 1996
Peripheral benzodiazepine receptor (microglia activation)	[^{11}C]PK11195	May 2002
$Sigma_1$ receptor	[^{11}C]SA4503†	January 2000
Muscarinic acetylcholine receptor	[^{11}C]3NMPB	January 2000
α7 nicotinic acetylcholine receptor	[^{11}C]CHIBA-1001†	January 2008
Histamine H_1 receptor	[^{11}C]doxepin	December 2000
Adenosine A_1 receptor	[^{11}C]MPDX†	May 2002
Adenosine A_{2A} receptor	[^{11}C]TMSX†	January 2003
P-glycoprotein (blood–brain barrier function, tumor imaging)	[^{11}C]verapamil	January 2004
Amyloid β protein	[^{11}C]PIB	November 2005
	[^{11}C]BF-227	March 2006
Amino acid metabolism/transport (tumor imaging)	L-[^{11}C]methionine	December 1991
	2-[^{18}F]fluoro-L-phenylalanine	March 1994
	O-[^{11}C]methyl-L-tyrosine†	January 2004
Boron neutron capture therapy (amino acid transport, tumor imaging)	4-borono-2-[^{18}F]fluoro-L-phenylalanine	November 2005
Choline metabolism (phosphlipid synthesis, tumor imaging)	[^{11}C]choline	March 2006
Myocardial blood flow	[^{13}N]NH_3	December 1990
Myocardial oxygen metabolism (myocardial blood flow, tumor imaging)	[^{11}C]acetate	December 1991
Pulmonary respiration	[^{13}N]N_2	October 1990

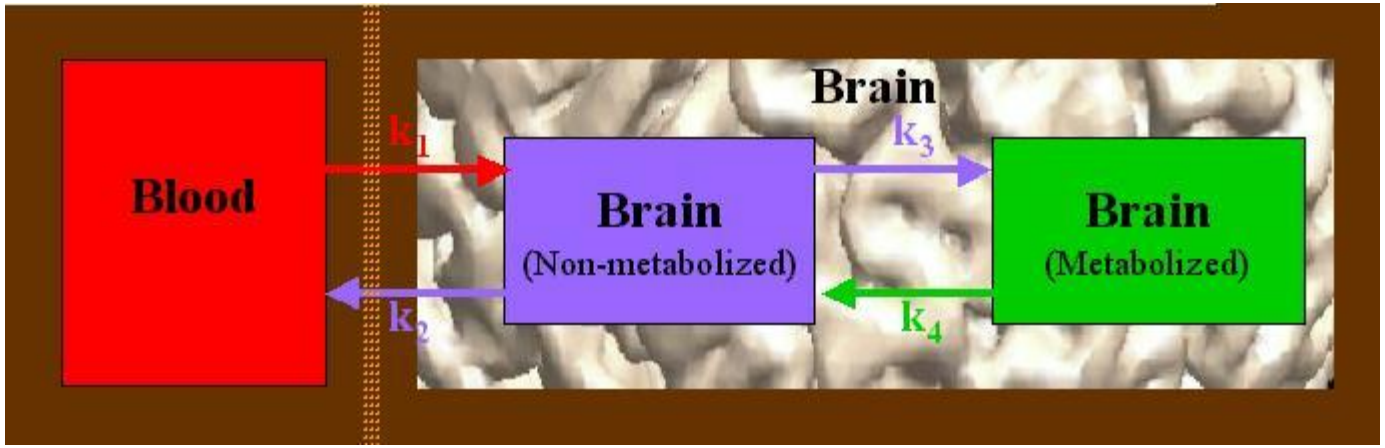
†Developed at the Positron Medical Center.

PET Modeling

PET Modeling

- To quantify the amount of tracer detected in the tissue, need information about how it is being metabolized by the body
- Modeling removes variability introduced by differences in patient size and amount of injected tracer
- Standard tracers like FDG are well characterized (don’t need blood measurements)
- Other tracers (like Pittsburgh Compound B) require blood flow modeling

Compartmental Kinetic Modeling



-3 compartment (2 tissue) model, 4 parameters

-Plasma to brain, when FDG is metabolized it is irreversible (cannot go back to being non-metabolized)

-Therefore, $k_4 = 0$

-Need to estimate K_1, k_2, k_3

PET Data Analysis

- Semi-quantitative (Standardized uptake value (SUV))
  - Images are summed and normalized to patient weight and dose

$$SUV_{bw} = \frac{\text{Concentration in ROI (uCi/g)}}{\text{Injected Dose (mCi) / BW (kg).}}$$

- Quantitative
  - Compartmental modeling – *two tissue model or 3 compartment model*
  - Graphical analysis – *Patlak Modeling*
  - Simplified kinetic models – *for example, Hunter et al. (1996)*

Patlak Modeling (Quantitative)

- Graphical technique based on the compartment model that uses linear regression to identify and analyze pharmacokinetics of the tracer
- Model independent
- Behavior of tracer is approximated by 2 compartments
  - First compartment is a central compartment in equilibrium with blood plasma
  - Second compartment is the “peripheral” irreversible compartment (tracer enters and does not leave)

Patlak Model (continued)

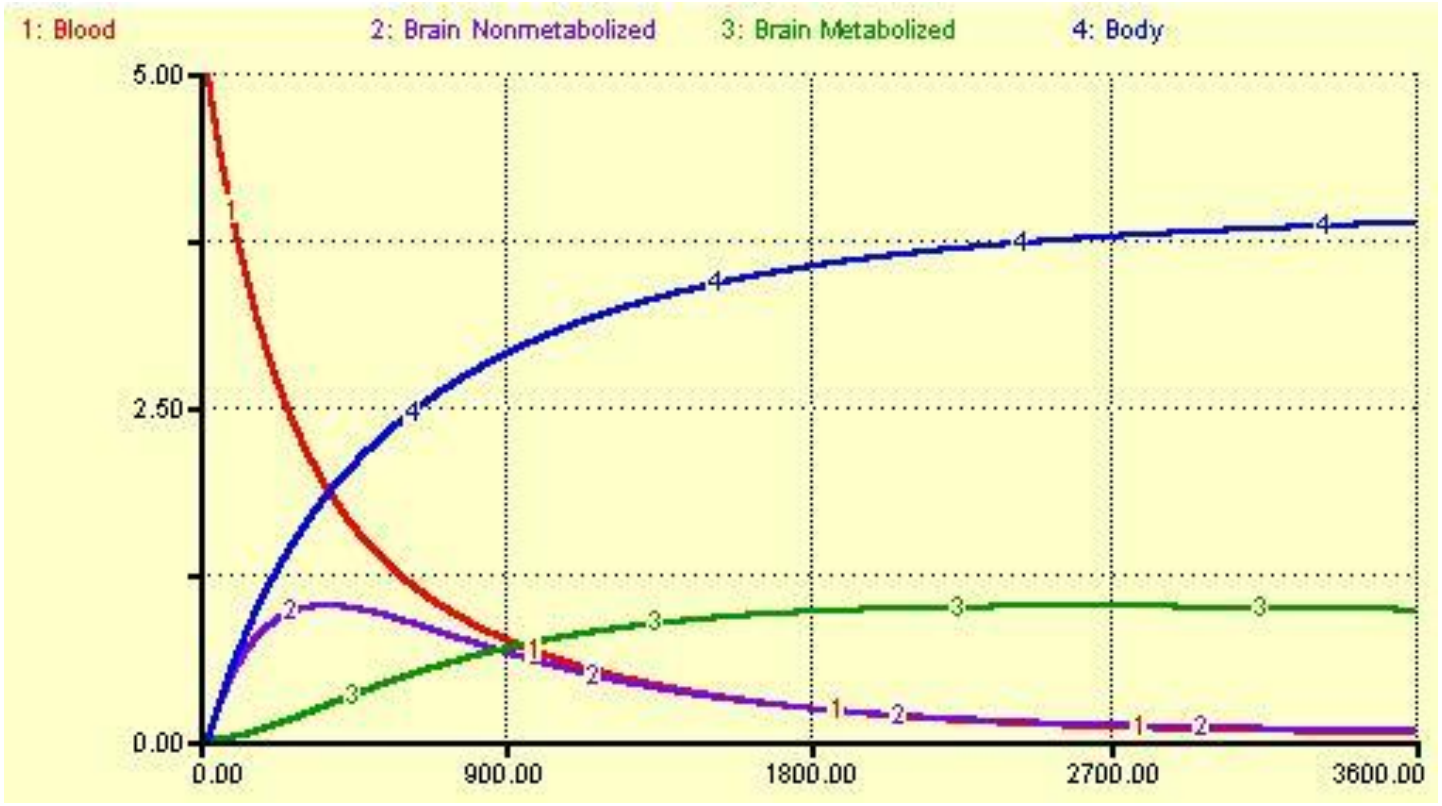
$$\mathrm{R(t)} = K \int_0^t Cp(T)dT + V_0 Cp(t)$$

$$\frac{R(t)}{Cp(t)} = K \frac{\int_0^t Cp(T)dT}{Cp(t)} + V_0$$

R(t) = amount of tracer in region of interest
Cp(t) = concentration of tracer in the plasma
K = clearance rate of entry of tracer into irreversible compartment
V_0=distribution volume of tracer in the central compartment

Thus, by plotting $\frac{R(t)}{Cp(t)}$, linear regression can be used to estimate K and V_0

Time Activity Curves

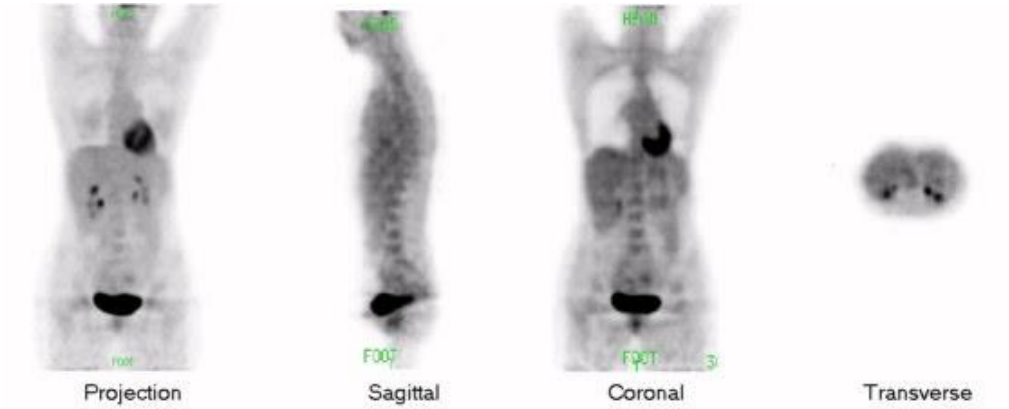


Problems of PET Imaging

- Uses ionizing radiation
- Often requires long scan times (depends on tracer) – subject motion
- Low structural resolution – often combine with MRI or CAT scans
- Expensive, tracers must be made on-site (cyclotron)

Uses of FDG in PET

- Study of cells with high glucose up-take
  - Malignant cancer cells (clinical applications)
  - Brain cells
  - Muscle cells
  - Renal cells



Normal PET FDG scan

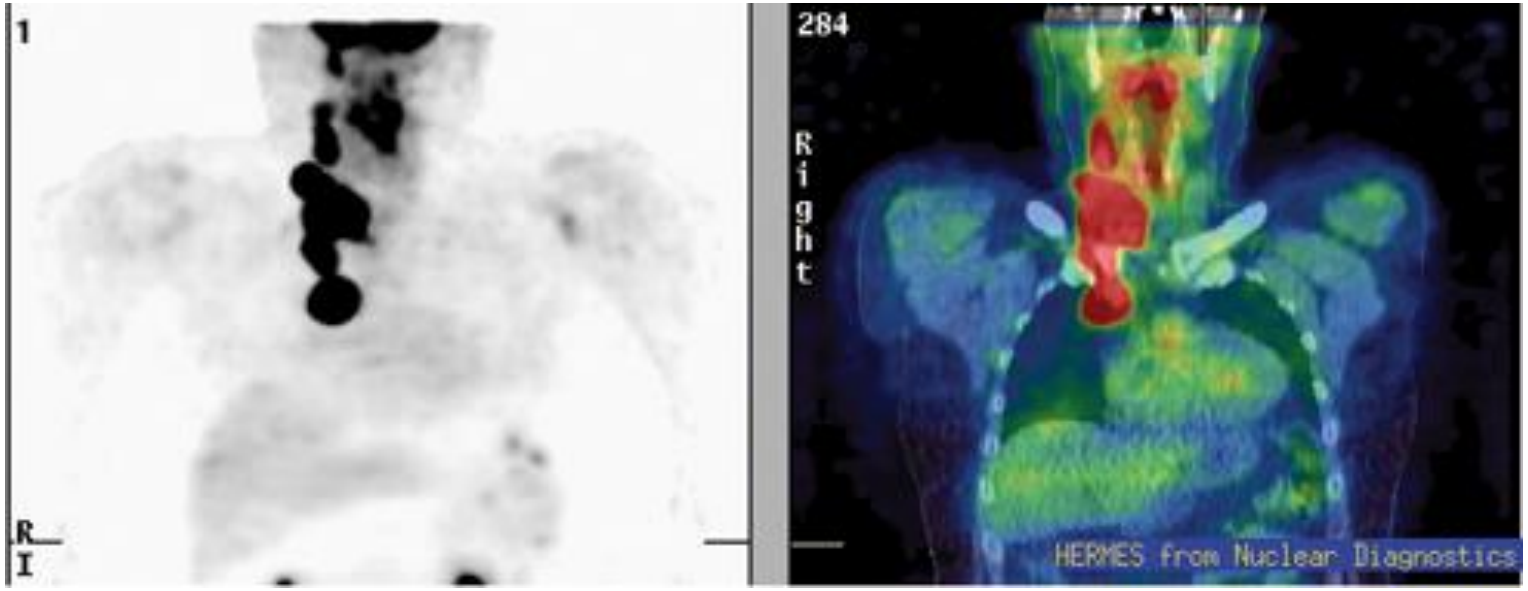
- Study of metabolic diseases
- Study of glucose-related diseases (diabetes)
- More…..

FDG to Label Malignant Cancer

Lung cancer

Pelvic tumor

Thyroid Cancer



Oxygen Imaging (cerebral blood flow)

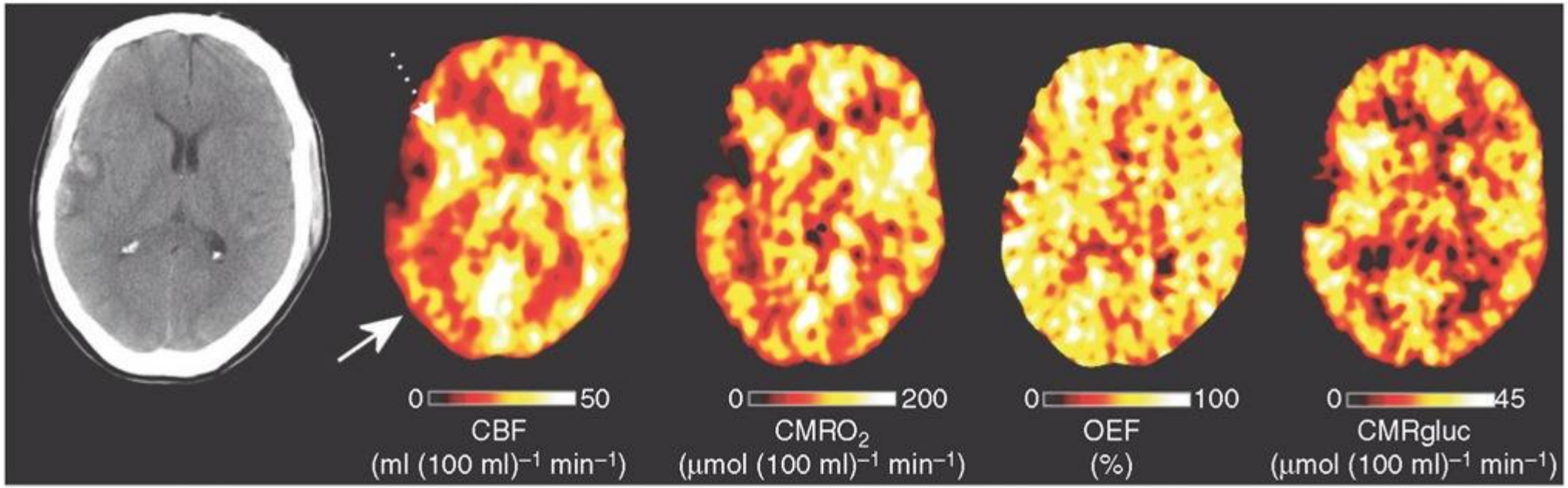


Fig. 10.15. Positron emission tomography (PET) imaging of regional metabolism following head injury. X-ray CT, PET cerebral blood flow (CBF), oxygen metabolism (CMRO2), oxygen extraction fraction (OEF) and glucose metabolism (CMRglu) images obtained following early head injury. Note the right temporal haemorrhagic contusion with surrounding rim of hypodensity on the X-ray CT. The lesion core reflects infarcted brain with no or very low CBF. The pericontusional cerebral hemisphere displays variable pathophysiology. Immediately adjacent to the lesion core (dotted arrow), CBF is increased, CMRO2 and OEF variable but glucose metabolism increased, while the right parietal occipital cortex (white arrow) demonstrates a decrease in CBF and CMRO2 with an increase in OEF and variable glucose metabolism suggestive of regional cerebral ischaemia. The increase in CMRglu implies a switch to non-oxidative metabolism of glucose in order to meet underlying metabolic needs.

http://what-when-how.com/neuroanaesthesia-and-neurointensive-care/plate-section-neuroanaesthesia-and-neurointensive-care-part-4/

[11C] Dopamine Systems

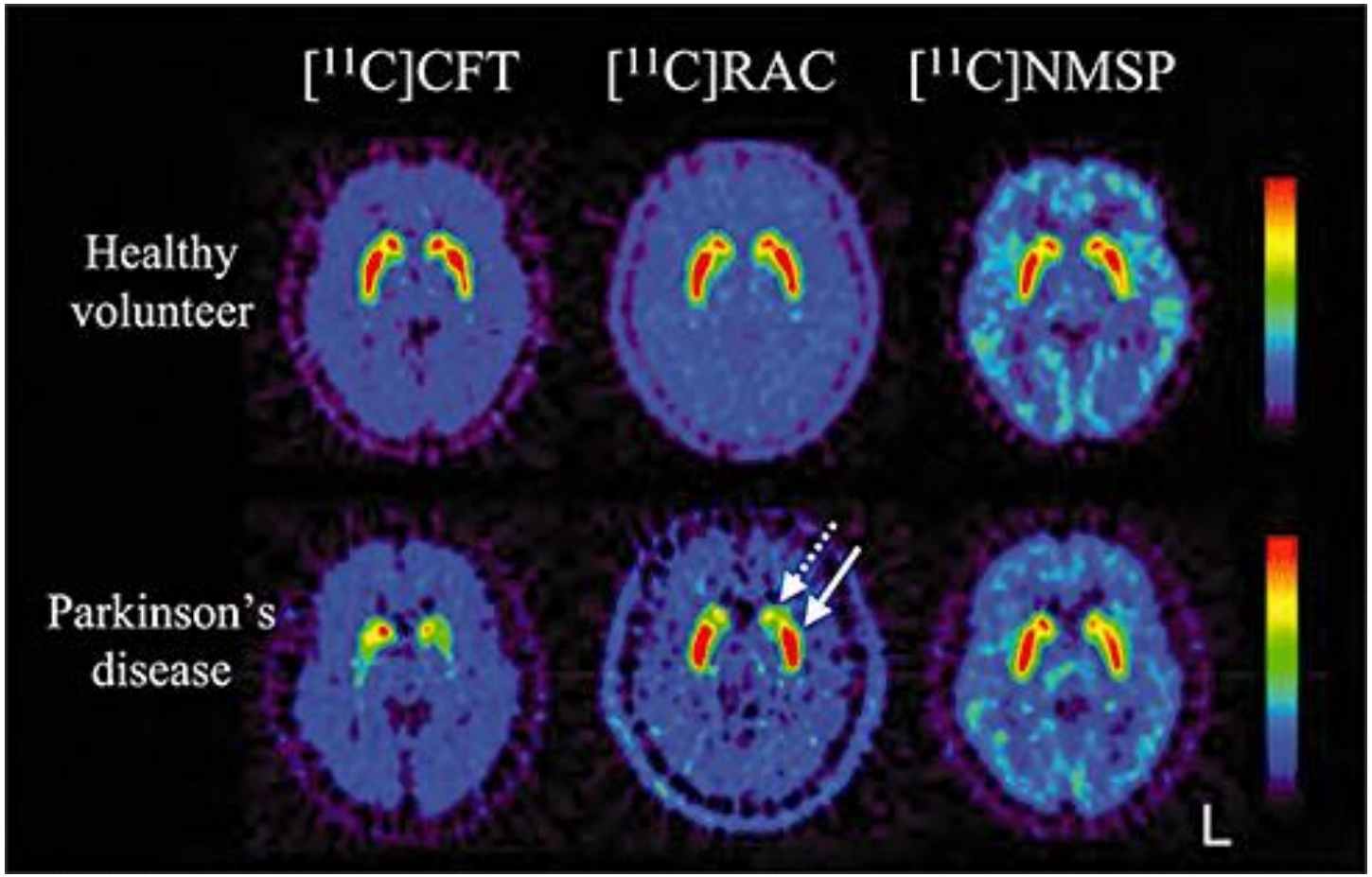


Figure 4: Positron emission tomography (PET) images of [11C]CFT, [11C]raclopride ([11C]RAC) and [11C]N-methylspiperone ([11C]NMSP) in a normal subject (upper line) and a patient with Parkinson's disease (lower line). For each subject, [11C]CFT PET was started in the late morning followed by 2–3 h later by [11C]raclopride PET. [11C]NMSP PET was carried out on another day. In the patients with Parkinson's disease, [11C]RAC binding was enhanced in the putamen (straight arrow) in which [11C]CFT binding was greatly decreased, whereas it was slightly decreased in the caudate (dashed arrow).

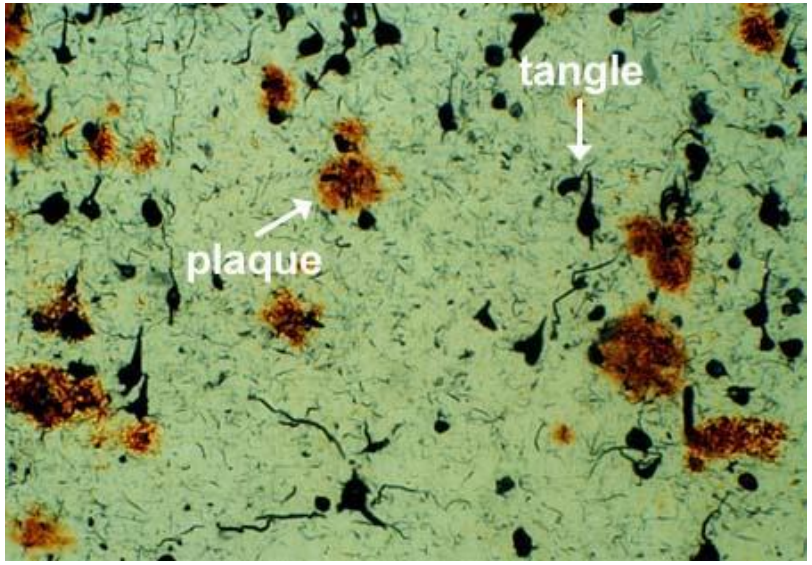
https://www.researchgate.net/publication/51443975_Development_of_PET_radiopharmaceuticals_and_their_clinical_applications_at_the_Positron_Medical_Center

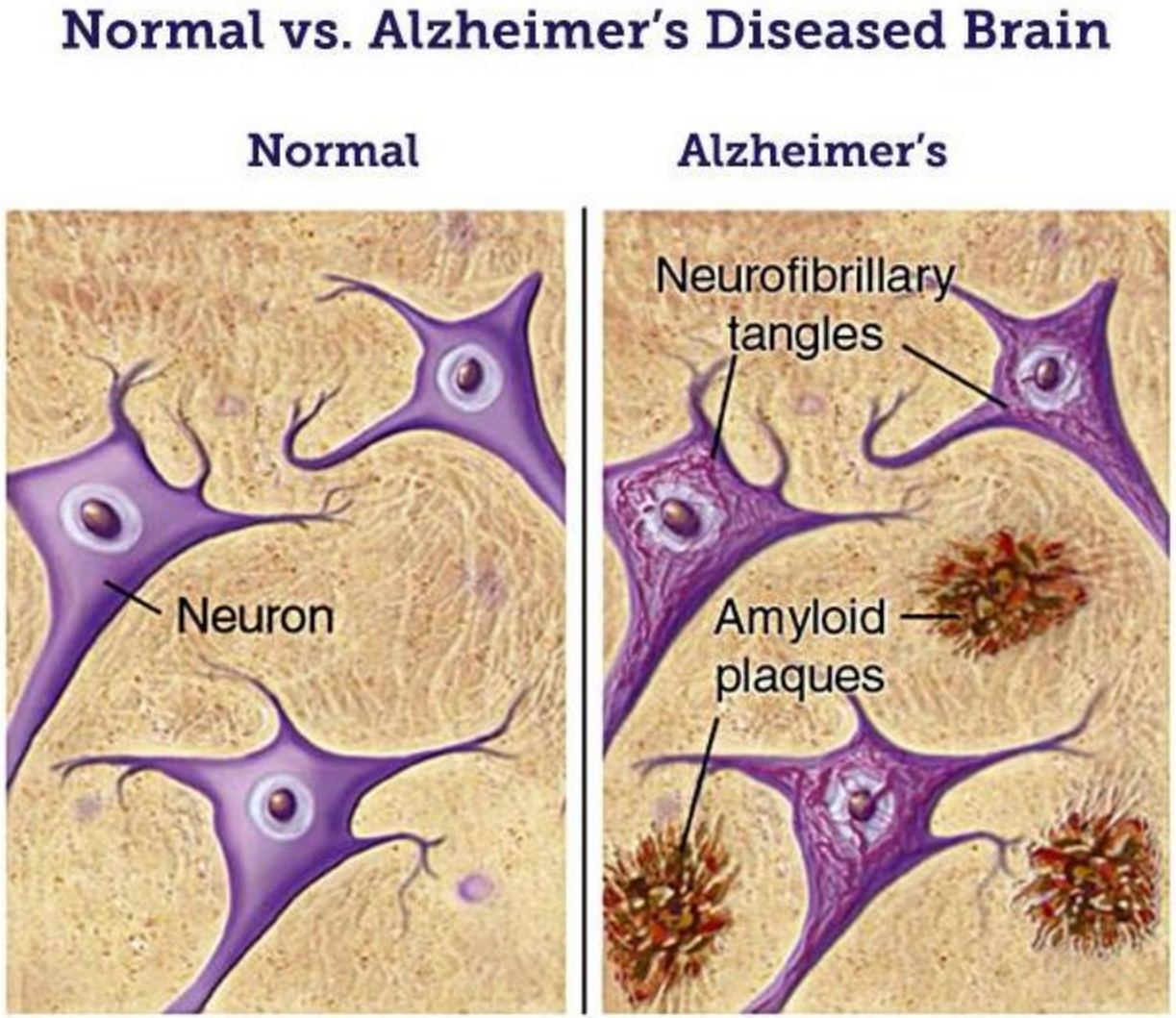
Pittsburgh Compound B (PIB)

- Alzheimer’s Disease is a devastating illness during which significant functional and structural changes take place in the brain
- Imaging studies can help to indicated the diagnosis
- Alzheimer's Disease diagnosis is typically confirmed only by post-mortem examination (plaques and tangles)
- Dr. William Klunk & Chester Mathis, University of Pittsburgh, first synthesized and used this agent
- Binds to neurofibrillary plaques and tangles in the brain

Alzheimer's Disease

- Pathology includes Beta-amyloid plaques and neurofibrillary tangles

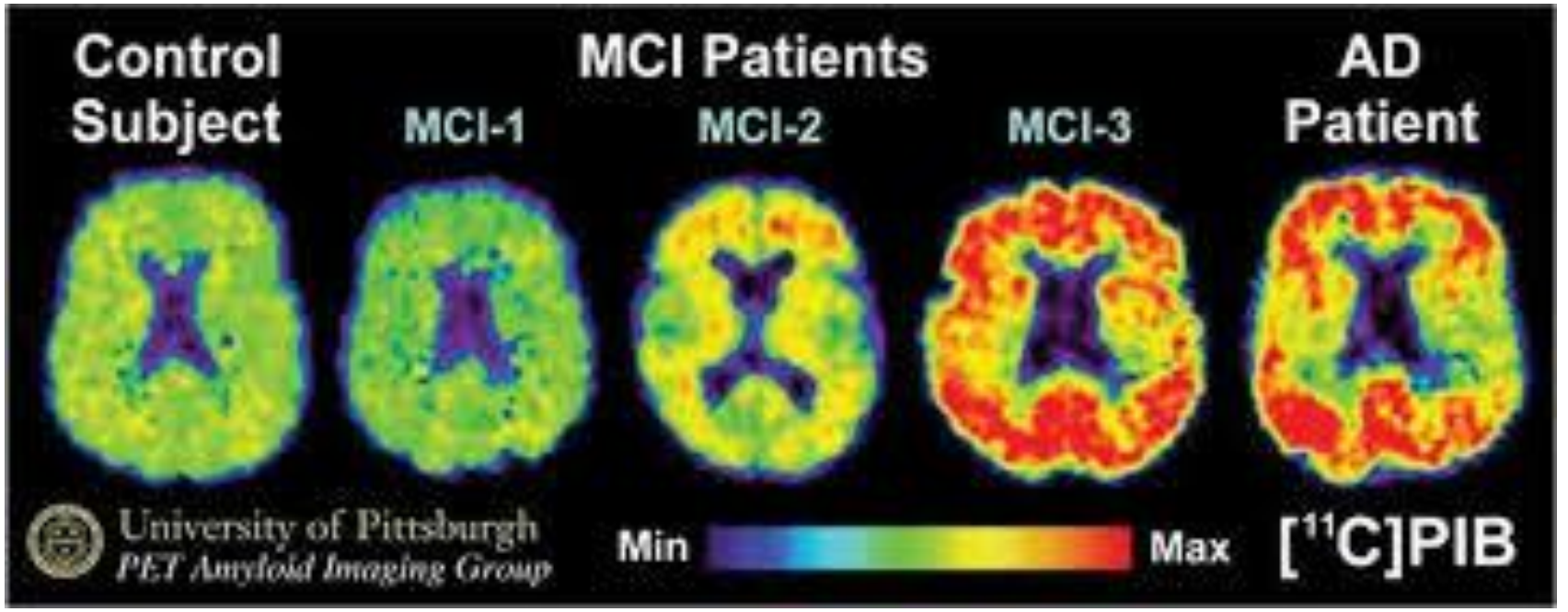




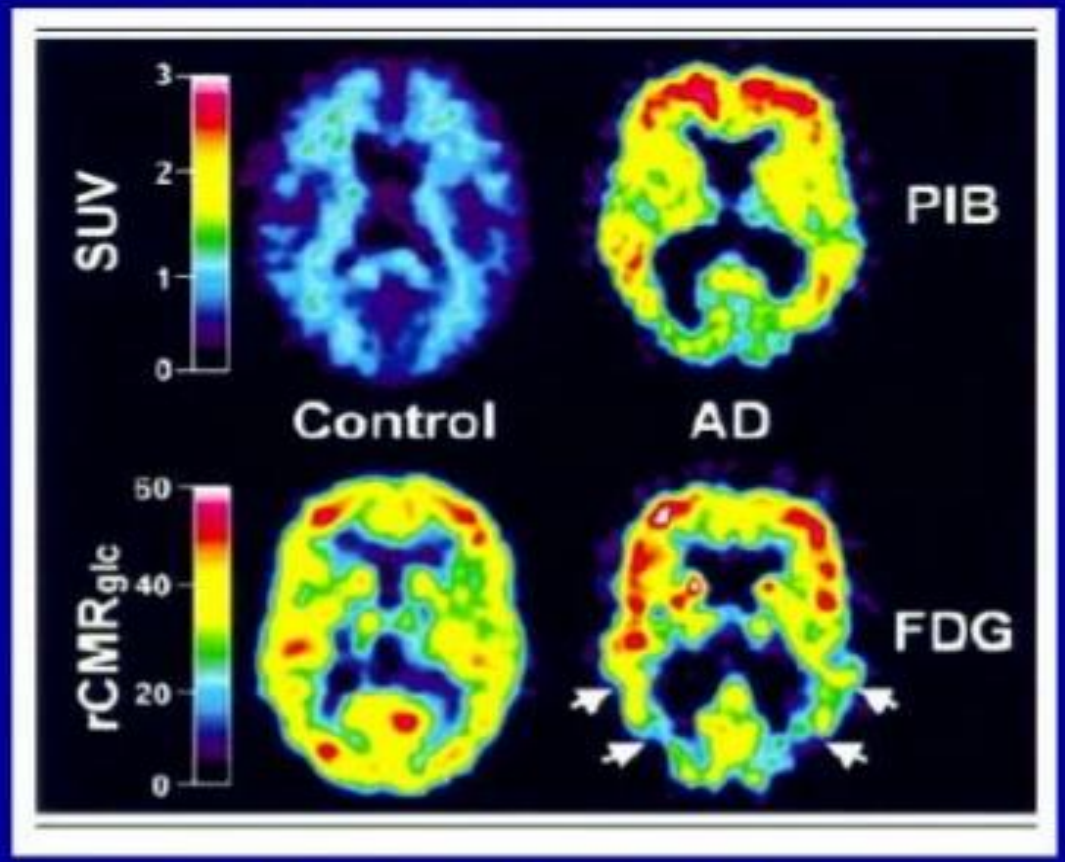
BrightFocus® Foundation
Cure in Mind. Cure in Sight.

Pittsburgh Compound B (PIB)

- Imaging of amyloid plaques in Alzheimer's Disease



Imaging Amyloid Deposits in Living Humans



PET scans after infusing Pittsburgh Compound-B (PIB) reveal a major difference in PIB signal between aged control and AD subjects

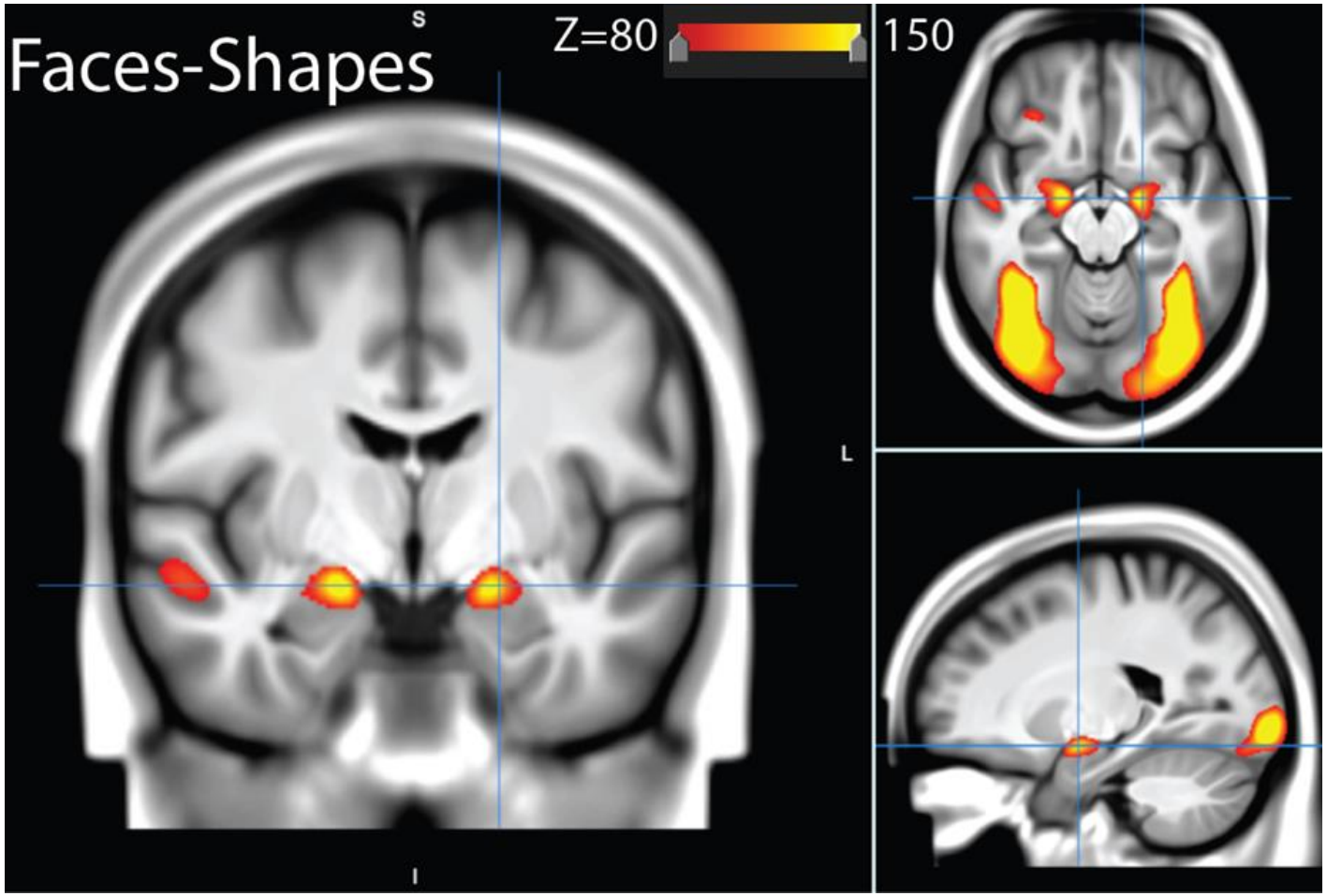
Klunk et al, *Ann Neurol*, 2004

Functional MRI (fMRI)

- 1990 Blood Oxygen Level Dependent (BOLD) contrasting was introduced (Dr. Seiji Ogawa)
- Functional brain imaging can examined by looking at the oxygenation status of the blood in the brain
- Hemoglobin in the blood carries iron whose concentrations can be used as a contrast agent (endogenous contrast agent)
- In 1991, Jack Belliveau and Kenneth Kwong presented these methods at the 10^{th} annual meeting of the Society for Magnetic Resonance in Medicine

fMRI

- Benefits include no necessary radiation or contrast agents
- Examine functioning human brain in real time



Impact of fMRI

- Now have the ability to study a living brain as it functions in many population types
- Google scholar search of fMRI brains about 623,000 results
- Mostly research purposes, little clinical use
- Uses are widespread and include the study of healthy brain functioning, disease & mental illness, impact of sleep, personality, etc.

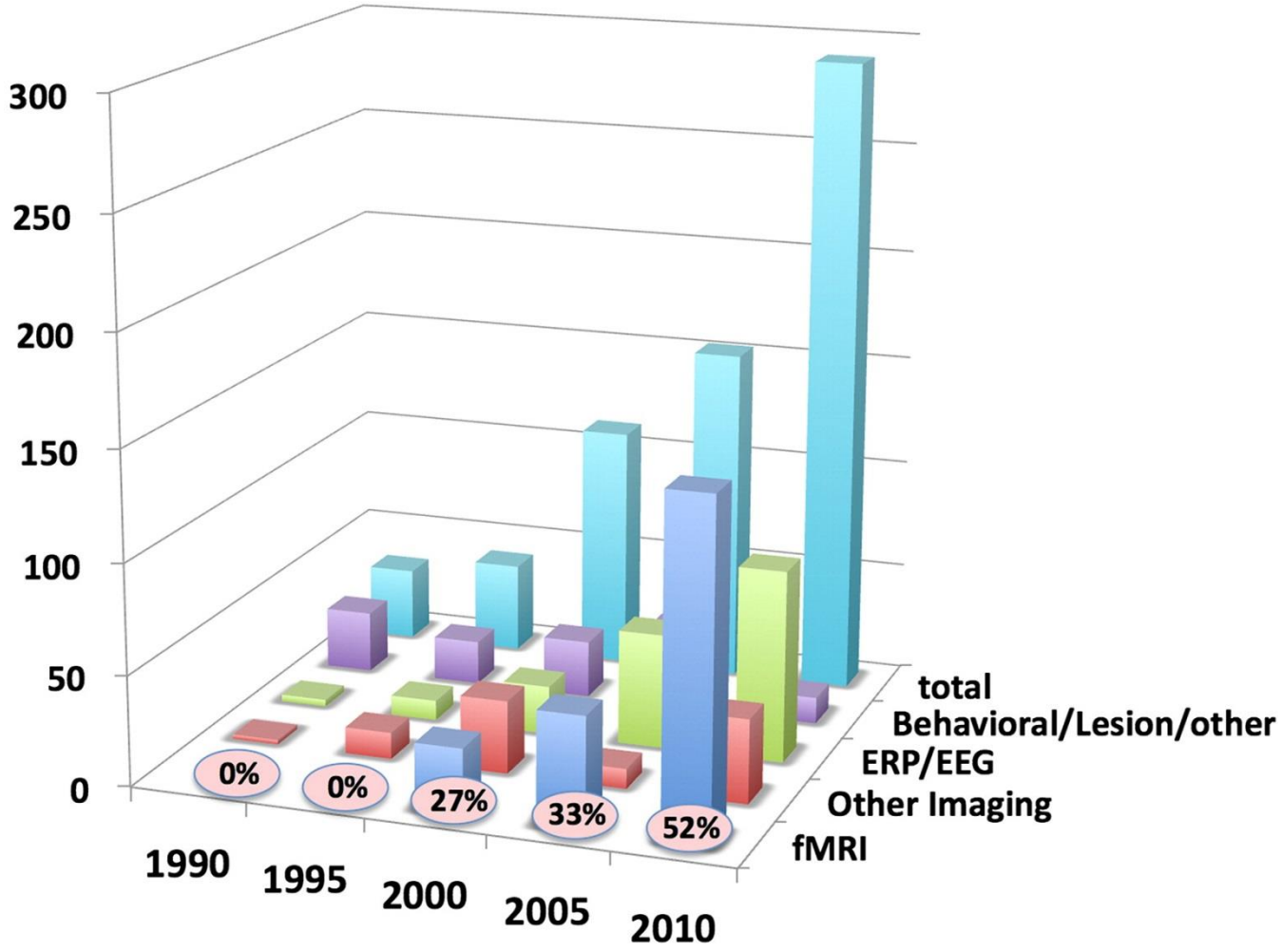
Other MR Techniques

- Diffusion Tensor Imaging (DTI) – white matter tracks
- Magnetic Resonance Angiography – blood vessels
- Arterial Spin Labeling – blood flow
- Magnetic Resonance Spectroscopy – measures levels of metabolites in the tissue
- Multimodal imaging (combining PET and MRI, for example)

Summary:

- With advances in technology, our ability to study the brain has greatly improved

- Understanding the limitations of the methods is very important in interpreting the findings!!!!



Distribution of technologies used in papers published in the *Journal of Cognitive Neuroscience* between 1990 and 2010.

From: Rosen & Savoy, NeuroImage Volume 62, Issue 2, 15 August 2012, Pages 1316–1324
20 YEARS OF fMRI — 20 YEARS OF fMRI